

We Have A Place
on
Earth



Musings
VOLUME-1

Musings By
CH V S N MURTHY



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To Be or Not To Be, o Muse or Not To Muse.....

The first phrase is the proverbial saying that defines the Character

The later phrase is the reflection of the first to Muse is a Reflection or a Thought on a Character , event or a life situation.

WEEKEND MUSINGS, by **Ch.V.S.N. Murthy** is a marathon process underway, which took roots a couple of years ago. it would be an understatement if i say the seeds were sown and sprouted at the same time .

While he started **MUSING**, he didn't **PEN** them. I think certain strong urge or event in his life made him to capture his Thoughts into words, much to the benefit of a small band of his friends. Over a period of time, this band turned into a larger group of friends and admirers. Currently, Faceless & Nameless followers have made him a legion of Thankful People who draw inspiration from his writings.

What does he write? if one may have to talk about, his thoughts or writings, the topicality each week, week after week, one would start wondering how could one think and write so much, then i laugh at my own stupidity, he is Not Thinking but he's Reflecting. The Sun is his Umbrella and Earth his Ship.

Reflections come from observation, analysis, role play & host of Emotions like anger , joy, love. So he's never short of topics, as he's pondering the lives of others and also that of his own. The beauty of his writing is, sharp, humorous and yet insightful, at times making the reader believe, THAT weekend was reserved for him or her. To him he's writing for none, but to himself. We all are fortunate they get circulated and we become a part of his MUSINGS.

A special note of Thanks to Kashyap Chathurvedula, he put great efforts to bring this Ebook, compiling so many weekend musings and in turn matured a good deal than many of us.

Let us get Mused and Amused, there's a Treasure Trove of Knowledge with him.

Ramana Vangala

My Heart felt gratitude and warmth towards one and all.....

At the outset I thank Kashyap Chaturvedula for the initiative taken to give Musings a shape in E-book format and his efforts at editing them crisp .

Credit goes to Ramana Vangala for giving a beautiful Title for this Book and foreward, thanks for the same. Both their contributions are immense from the day -Go- till the release of this E-Book. My Musings wouldn't have taken the avatar of E-Book. My Sincere thanks to both of them.

Im always thankful to the people who have been supportive in this journey - the Readers. Their comments, Opinions and feedback mattered a lot to me, Big Thank You ! These were their reactions, natural and fair, though I never solicited them. These Infact made me think more.

Finally I take the opportunity to sincerely thank my wife - people often say Better Half, but I rephrase as Best Half for her encouragement in my journey. There was never a single day she commented on my preoccupation, as I used to spend most of my time either reading or in front of my laptop and intermittent juggling with my Phone. It's an immense support and motivation to me in realizing my Passion in Life! And special thanks to my daughter Ankita for her frank, constant and critical feedback. Our best critics are our parents and children.

And I would like to state that the E books will be coming in parts as there are more than 250, that were captured in these 5 years. I wish to bring out E- books for my Pebbles and Giggles too!

Thank you once again

With unconditional Love

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Life is always beautiful. It all depends on us.....

A Word About....

I have been reading on & off your Weekend Musings. At the outset I appreciate your candid way of presenting your thoughts & observations on a variety of aspects relating to human behavior in general & attitudes in particular.

Your narratives bring in a whiff of fresh air in these busy times. Appreciate your efforts and energy in doing your bit, to make us all feel cheerful & motivated.

All The Best Murthy Garu
Muralidharan- Hyderabad.



Dear Murthy,

I am really happy to know that you are planning to come out with an e-book on Weekend Musings. And you have been sending us almost since 4 years!

What I am impressed most about is the simple language you are using to cover the subject you are writing on. It is really very different to put something in so simple words and make it so interesting at the same time. The subject you pick up to write on is also from day to day happenings among people. You really come up with many different subjects. Many a time I forward them to my friends and for them also makes an interesting reading. I wish I could write like you.

I am looking forward to your e-book.

Thanks a lot.
Sanjay Thanki -Mumbai



Your weekend musings are thought provoking, sometimes witty & some are so inspiring that they will turn people's life around!

Ammalu- Hyderabad



My day starts with your beautiful inspiring messages which help me to start my day with a new spirit. And my day ends with your refreshing messages, removing my tiredness and my negative thoughts. I am really thankful to you mavayya. What more can I say...

Gayathri Vangala-Hyderabad

Dear Murthy Garu,

It is with profound happiness I receive the news of your Weekend musings new avatar as an e book.

Congratulations on this stupendous achievement.

First as a charter reader of your Week end Musings series and also an avid follower of your Giggles and Pebbles, and also your substantive take on the interesting happenings around us, I find this a natural progression.

Second, your unbiased views, strong sense of proportion, your humbleness in accepting various view points, ability to correct yourself and the grandeur to say you made a mistake makes you the ideal read on E-platform. It is so rare that people make effective use of their free time and abilities- you are a wonderful example.

So once again wishing you and your e book all the best and also eagerly waiting for all your future thoughts, snippets and writings.

Thanks once again Murthy garu for making me part of the Week end musings receivers and I would always cherish it. And every line is true and from my heart.

**With Warm Regards,
TKS KUMAR- Chennai.**



Congrats Murthy Garu,

I have been an avid fan of your musings to such an extent that even if you miss 2 week, I would be tempted to ask you the reason. I have been reading it and have seen you going from strength to strength covering a wide spectrum of topics. Continue the good work sir and believe me you can always count on me.

Rajgopal-Bengaluru



All the best Murthy and Cheers to the compendium

Vivek Kumar Gupta-Mumbai



Good Evening. I read your Sunday musings. The way you present them in a nut shell always made My Sundays very special. Through your Sunday musings, you inspire the thought process to lead a simple life with positive thinking with no negative emotions.

Ramanamurthy-Hyderabad

Sir weekend musings are very good n useful for everyone

Solomonraj-Hyderabad



The Weekend Musings are quite interesting and can be one of the reasons to say Whatsapp is not just for sharing forwards and chatting. But can be used for meaningful quotes and stories. There are many such written by Mr.Murthy and have a felt really happy and enlightened reading some of them....God bless you and looking forward to the next one

Uday Narayanam- Bengaluru



Dear Murthy,

I remember long back we were discussing about effective way of utilizing your free time. That's the day you opened up and said out your heart.

During your long stint of successful career, you were very good in explaining about your product, services, ROIs etc. You used to counsel your colleagues and others. They all had faith in you and it benefited them though you never mentioned how many of them.

Well, products which you were marketing were not manufactured by you, yet you were successful. And this Sunday Musings are your own creations, thoughts, experiences and upon all these the samskaras you got from your elders. A compound of all above has to be effective and it is.

I have followed most of all your Sunday Musings. In fact at times I have re-read them. It gives strength, confidence and importance of self being.

I would always request you to keep continuing and more than that explore the possibilities of reaching maximum. Your write ups though not addressing to any individual, it's applicable to one n all in their personal capacity.

All the best and my wishes & greetings for such selfless contributions

Rajesh Shah

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Dear Murthy,

Yours is one post I look forward to as it's not a forward... A personal touch is always appreciated especially in this cold world where many are not in touch with reality due to their obsession with virtual reality.

Putting up an E-book is a good idea but don't let a virtual editor tamper with the language. It will change the enthusiasm with which you put forward your thoughts which makes "Weekend Musings"- you.

All the Best...

Loretta



Congratulations and happy to know.

In this busy world we are not having time for thinking and developing our skills.

All your Weekend messages are mind refreshers and gives positive thinking within ourselves.

Chakrapani Seetharaman-Quatar.



Murthy Garu,

I learned a while back the power of spaced repetition and I experience this power being unleashed when I read your week end musings - packet sized nuggets of practical wisdom periodically delivered in easily digestible and experiential language. Thanks a lot.

N.Sridhar- Mumbai.



Dear Uncle,

Your writings kick start my day, you are my friend, philosopher and guide. Your daily messages are like pearls from the ocean bed and I am blessed to find them daily. They shed light in the darkest hour and they make my celebrations brighter.

Weekend musings get me one step closer to god light my way click a bulb in my mind and they are personality coaches in their own way. Your knowledge cookies have touched and enlightened not one but many! Your daily giggles and weekend musings tickle the bone and inspire our souls and make us eagerly await every day. Bless your spirit your consistent and persistent giggles and musings.

Our day starts and ends with your treasure of knowledge .

Regards

Sravani Samavedam Tirumala - UK.



Hi Uncle,

"Murthy Uncle's write ups are very simple to understand and can be related to life practically. It does hit one's thought process and makes you think in particular direction.

I, being part of Uncle's daily contact list, his quotes have always makes me smile and start the day with a positive note. They are enough to change your mood, in many ways! And many a time my day used to end with a Happy Note!

At times the Musings are the answers to your own questions dwelling in your Mind for long. They spread a right message to people, by and large to society also. At the same time makes us to get deep into the "Topic" written, many a time!

And his writings cover every aspect of Life with varied topics; hence it attracts many-irrespective their age!

It is sometimes a bitter truth conveyed,
Narrated in a polite manner and at times frankly-without mincing words!

For Uncle: You are boon for human kind and society. Keep spreading your infectious charm of happiness forever. You are dear and special to me!

For the readers: He is always smiling, energetic and rocking Uncle. I feel his writings spread his happiness deep into you!

Thank you very much making me part of Your Life!

With Love

**Your Guddu- Uraf Jyotsna Honkhande
Mumbai.**



Disclaimer....

The Musings are my original thoughts from my Mind. And I have been peening those thoughts without any filters as I always speak my Mind-without any apprehensions. At the same time these thoughts are common and natural to any human beings and not something unique from me. Luckily I could able to express them despite having no-flair in my language nor vocabulary.

As I am not a Professional Writer-I have been writing in a simple language with my limited jargon-expressively.

People may relate to them nor suddenly think of somebody when they read certain topics-which is the possibility as we all from the same society and behavior.

And I never intended on anybody while writing. Though these writings are from my own thoughts, being a habitual reader of various Books and the nature of various mentalities I come across in my life prompted me to write certain topics for which I am thankful to them.

Similarly- the points which have been written are very ordinary, they are just reinforcement and retold by me in my way-that's all.

So,if any similarities are found in these writings they are just coincidence not taken from anyone.

I hope and sure you will like them and also request each one of you to give your feedback and suggestions on this Musings. If you like just spread them in your circle as it may interesting and be useful to themselves and their circle of friends also.

Yours
CH.V.S.N.MURTHY

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Chapter#1 Musings

Some Fun-Some Seriousness...

There were Good Olden times-during our younger days-we used to be drilled by the School Masters on English Grammar-vocabulary, Spellings etc., and we used to have daily tests on English Grammar alone...And the Pupil-whoever has knowledge on the above had been considered as bright students -by Teachers and used to get admiration from our friends in the School-besides the 'glee' on our parents faces!!!

Of course we also used to feel great about it...

And there was no problem of British Grammar and US Grammar (rather British English vs. American English) in our Childhood- Nowadays we get confused while we type-suddenly the computer says our spellings are wrong for some words (We often get a doubt on our knowledge and learning-thanks to the cultural clash US English vs. British English)

We stay cool...-As we now know who David Cameron is and who Barack Obama is-more knowledgeable!!! Coping up with Youngsters...

After 5 decades of the passage of time-everything is changed (as a law of Nature!!!)

If we talk about Grammar-Usage of English words, spellings- it looks weird to the younger Generations-and we look like Cavemen/Primitive Men-If not Barbarians!!!(They will not say so-as they are our kids..)

No doubt we have the capability for adapting ourselves to the situation and also at this age. Now we are into the flow with younger generation-connecting to them (sync to them!! Am I right Geeks...)

Usage of Abbreviations

In the advent of the Digital Technology-We are deep into the usage of the same in our day to day Life-usage of emails, phones, FB, WhatsApp, what not...(Not only we are in to Public-even our Life has gone in to Public Domain(I jocularly call this as "Obama is watching us!!")

It's alright-as the saying goes-we have no choice. And let's move forward-Move India Move-for better...

Like Modi says" Make in India"!

Social networking sites have dramatically and swiftly transformed our Life-especially in India-as we are the most Tech savvy people in the world. And quicker adaptability of the Technology in to our-body and minds!! (Few Intellectuals said this-I endorse and acknowledge as I do not want to pick up an argument with them...I know you all also agree with me...ha ha)

And they- not Intellectuals-Social Networking sites!! taught us "virtual Living"-May be next Generation gets shocked and surprised that few decades ago People physically used to move for get together and social functions.(As they Live more into their Own World-moving to Virtual World.)

I appeal someone to find a better word than "Virtual World" for the next generation...

When their Great Grand Parents tells all this as stories (Will they?-we may look weird to them (of course I will not be alive by that time!!!Luckily)

So much of texting is happening on Social networking sites -we use lot of Abs (abbreviations!!) (Ha-ha ...See I am also using abs)

My request to all of you (In fact few years back I sent a mail on this subject-not with so much detailed!! Now I am improved...) not to use Abbreviations-especially when you are wishing some one

For Example:

GM-Good Morning

GE-Good Evening

GN-Good Night

When you are wishing someone -you should wish what you want to wish-they also should know what you are wishing and those wishes should reach them. Don't cut short your wishes.

One more area causing worry is-Most of the people- as reciprocation to someone when they get festival wishes or any other relevant wishes.

simply-they text back" same to you"

What is this same to you-it's certainly not appropriate.

(I am not daring to say its wrong-as people will feel bad, I say it's improper!!)

Type your complete wishes-otherwise -it sounds very casual to the other person-and they will not feel your wishes-seriously.

Alternatively- don't reply to them at all (though it's not good etiquette).

Instead of Improper wishes-Bad etiquette is better -I feel. I know few will not agree-it's Ok for me-as all of you are aware I am frank-and whatever I feel like and comes into my mind I will..

Lastly -still some people have misnomer-when they wish someone first time in a day even in the afternoon-they call as Good Morning-Please understand you are wishing someone at that time when morning has become past. Afternoon has entered-you need to wish Good afternoon. If you are wishing someone in the evening-you can't say Good morning. Am I right?

(Note: I solemnly declare I am not a master on the above- I have just written my thoughts with fun. Not with the intention of hurting anyone and their knowledge...)

Life is always beautiful; it all depends on us.....



Chapter#2
Musings

Family & Relations.....

In any typical Family-We have Parents-Wife-Husband and Children. Nowadays few Families are at mediocre relations among the family members-due to various reasons.

Many of the families are at a reasonably good atmosphere in the Home and members in the family have good relationship among themselves. And very few families have best of everything-Nothing to talk about them.

However it's a common phenomenon for each member of the family has the following feelings

(I am not doing any sweeping Generalization!!)

Wife: Just see how my husband and children- doesn't listen and understand me.

Where as in the Neighbor's house-they are so affectionate and understanding-Good Family

Husband: More or less-Similar feelings

Children: Just see how my Mother and Father are so boring and Keep giving lectures-from our child hood- Do this.

And don't do this

All restrictions

See at My friend's home.

Uncle& Aunty are so encouraging& Understanding and how they take care of their children.

(The funniest part is same scene is happening and same feelings are there in the minds of those Neighbors too. Few only will realize In Time...)

Let's understand in any family when we live together every minute- every day-we know each other very well and our Nature

Mentalities

Behavior

Everything about each one of us

Amongst us

And everyone in the family has their nature, behavior, difference of opinions, small arguments and fights -that's how we feel some sourness too in the home- Its ok-part of life. Still we enjoy Love and Affection. Let's have tolerance, patience, forgiveness-besides Love and Affection.

(In fact when I used to do my 360 Degrees survey during my working in Voltas I used to give the questionnaire and taking feedback from my Wife and Daughter-as they know real of me...And I am sure the same with everyone!!!)

When you look at the Neighbor Family members-obviously they will appear nice to others (with Few exceptions-they truly Nice to themselves and to others also. (And I salute them) and we also doesn't know them fully well and come to a positive conclusion on them and feel negative with our family members.

This is the typical human mentality-
Like the saying goes "Other side of hill is always green"
(Without using a common sense that other person also has the same feeling!!)
The fact/assumption can be

Both the sides of hill is Green
Both the sides of hill is not Green

It all depends on our Attitude where we fit into. This makes a lot of difference in everyone's Life- sooner the better

Except the Family members-none in the World think of your/our well-being. No doubt there are good people in the World who will be kind, supportive enough and shower their Love and affection on everyone-unconditionally. If you come across- have their Company, Relation and Association (Our Elders used to call Satsang-Company of Good People and spending some time with them)

Respect and value the Family members-have a good relation and enjoy every moment of it-when all are at One Home.

In case of elders: please enjoy every moment with your children-as they will be with you only till their Education-

Once they step out of the house-for Studies or after Marriage-any time they come to your home is time bound. It may be Days, Months-not definitely years. Let's cherish and enjoy the Love and Bonding amongst your family members-during opportune time.

Similarly -even Children should not realize the Love and affection of their parents and elders (Grannies) after leaving the home-started spending their days outside the home- no use. Let's not waste the time amongst the family members-by fighting on trivial things and spoil the atmosphere.

There is no point of realizing at a later date and regret-As everyone in the family missed the very important chapter of each one's Life- which can't be brought back.

So enjoy The Love and Affection of the Family members amongst you-tolerating small irritations, uneasiness, and disturbances-whatever. ..After all they all your family members-not outsiders

If you miss all this experience-you will have to live in a Virtual World in entire Life-as everyone in the Family missed and forgotten to live in the Real World.

When one can't Love their own people how will they Love the World? Some people may do-but they are not real humans-They are Robots!!

Every family should have good time during those initial years-amongst themselves-still continue to enjoy the balance Life-though living at distant places-Thanks to The Amazing Technology-which is so user friendly- connecting all of us from any distance.

It's not that none of you aware of this-This is just a reinforcement and reminder to all of us. Love the people-Love the World around You and surround you.

***Note:** We all are just Visitors to this Universe-Let's make it worth the trip and leave our foot print before we back Home.*

Life is always beautiful; it all depends on us.....



Chapter#3
Musings

An Emotional Attachment of Middle Class

(Big Small Story, must read by all, sure you become nostalgic!!)

All the family members suddenly become busy in the house-as we are shifting to new rented premises. Having stayed for more than 10 years in the current house-there is a lot of emotional attachment to the house as well as to surroundings. All the members were in a melancholic mood as well as the neighbors.

The community living in an apartment-brings the people very close-especially -next door -provided people know" what's community living". It's like" Our Doors & Hearts are always open".

We tend to get up with a light in the Kitchen in the early morning-which means Mother is ready for the day. I used to have a temptation to get up with the aroma of Fresh Filter Coffee-comes from the kitchen-but laziness wins over and put the bed sheet and goes for a nap again.

Suddenly there is a huge noise (cacophony) which means everyone in the house have got up and I am the only person still wrapped up under the bed sheet.

I know it's the time that there will be second round of murmuring will start from Dad (He would have already done with the mother-for my excess sleeping! and would have given enough lecture to Mom- on "how to bringing up the children" as if she is the only cause in the world for my late sleeping. Is it that all the Dads in the World are this way?

I should check with my friends...

I just jumped out of the bed and rushed to the Washroom-without giving chance to Dad for taking class-by the time I come out of the Washroom(I do everything in one go!! don't be naughty!! I need to shave as a college going guy!! And I have only half an hour time to reach College!!) Dad would have finished his breakfast and get set go to his Office-Sincere, punctual and honest human being-I am proud of him!

And my Sis was ready by then-as a good girl and I love her- and just waiting to say bye to me-as she had to rush to catch her bus to the Office (Yeah. I forgot to tell you-She is elder to me... And is my another ATM!!) I love you Sis...of course not for money-you guys are mean!! I really love her.

I will hurry up for my breakfast with stuffing -as if I have to leave the place before some bombing takes place!!And Mom sweetly tells me (All Moms are sweet. correct naa?.)-"Eat slowly"-otherwise it will stick in the throat-yet times it used to happen-I don't know how she knows everything!!? And Mom used to be concern and gives me the glass of water and slowly used to hit me on the head (just taps only!!) (Its' a belief and practice-something get stuck in the throat-somebody dear are remembering us!!

Who else- it's Mom only-as I don't have any GF!?). And magically it used to be alright immediately!!! call it as Mom's love touch-my Sweet Mom!!)

She was reminding me to reach home early for few days from the college -as we need to pack lot many things for the shifting to a new dwelling-I don't know when Dad will buy an apartment for us?(no blame, just a wish-he struggles and works hard) I need to do my studies well and support my dad for making our Dream house into reality at the earliest.

I am sure I will do it one day!!

As I have gang of intimate friends they were supporting me at hour home for packing things. There used to be lot of resistance from Mom and Dad to leave antiques from the attic. They want to take those packed things (big assets for them!!) as it is- to the new house.

I tell you we never opened so called antiques for so many years in this house-even they are also aware!!

Of course it's with all middle class Indians- I find this even in few higher middle class families too!! Surprising- No? Not surprising to you?

My logic is very simple (sure everyone agrees!!?) When we don't use any gadget for one year-which means in all seasons-of course few people doesn't use brains for a longer time-but I am not referring "that" as it's inseparable!!(I mean antiques which are kept on the attic) we no more need them and anymore!! And should be given to the needy people!

We have lot of emotional attachment to things which we keep on the attic-thinking that one day they will be useful. But that one day never comes..... (I am sure all of you agree this!!You also must be giggling with acceptance as same case at your homes also!. I know.)

It's easy to get attached to things as you have had them for long time in Life. And we collect weirdest things as a sentiment and recapitulating our old memories. As physical presence of objects gives good or bad feeling (depends!!)

As Indians we are very sentimental. We will have so much attachment to things (especially childhood belongings!!!)

And also we have the habit of preserving-after its usage. Even they become old/antiques still we keep with us on attic.

One reason can be- for the middle class in India (2 to 3 decades ago) the challenge was affordability. Any gadget to possess they used to have life time savings after a great struggle and used to buy them. This will have a greater impact in their sub conscious mind-even after they move on to better financial status- still they cling to those old things.

(Even I kept my first pencil piece which was bought in my first standard!!) Please don't call me hypocrite!!!

And by any chance if we try to look for a thing which you need surely you will not get due to too much of clutter. People don't understand -In fact decluttering brings energy where as good energy stuck with clutter-mentally-as per researchers.

I remember the word 'suffocated'(word coined by James Wall man) it describes the feeling you get when you have to fight through piles of stuff you don't use to find that one thing you need. (He would have done research on Indians and discovered this!! Or he must be having good amount of Indian friends!!!)

Apart from College books I have the habit of reading some good books too- I am not an ordinary college going boy, you know!!

I could able to successfully clear and distribute maximum so called assets!!! Of course we carried some dear ones with us of my Dad and Mom's antiques-as they may feel as I am hurting their emotions and fond memories. (I too carried my small pencil secretly!!)At last we moved to our home. In fact I didn't tell the secret to you as well to my parents-they discovered after reaching the new apartment.

It doesn't have single attic or loft (haha) so no more and further clutter at home as well as in their minds!!.

Life is always beautiful; it all depends on us.....



Chapter#4 **Musings**

Measure Your Life with Relations-Not only Wealth!!

In our journey of Life-from Breath to Breathless-humans needs money-you can't just think of living without it. And every Parent needs to have sufficient money in upbringing their children at every stage. They try to give best clothing, best food, and best environment-everything best to their children. They imbibe the Ethical values, morals, self esteem and holding Dharma-at any cost.

This becomes priority for the parents and their needs take back seat every time. Always Children's needs become priority for them. Every Rupee available will be spending on them-without a blink -it's not sacrifice-. It gives them utmost satisfaction and enjoys the happiness on their Children's faces and imagining their bright future.

This will have a tremendous positive impact on the Children's Life and their future. When they were brought up under this atmosphere- I am sure the Child will be growing very positively with all the basic qualities , becomes good human being.

And their Parents become role models to them.

The above narration is very typical in most of the homes and above is the ideal situation I could imagine positively for all!!!

Now the perception starts

As the Children were brought up under this atmosphere-when they grow and getting in to jobs- Money plays an important role in their Lives in their subconscious mind-as they remember the struggle their parents went through..

Few will start accumulating wealth-as the conditions during their childhood impacted them-forgetting the fact that their Parents have taken care of them-with the limited resources available to them. And they have been happy throughout their Life- never ran for Wealth and always have been happy.

In the process of accumulation of wealth, measure themselves year after year by their Social status, as a natural process. Human relationship becomes least important in their lives and take back seat-and for few no seats at all!!!

Obviously they have no time for Friends, relations, well wishers and some time for Parents too (in fact most of the times-not sometimes-) forgetting the fact that “whatever they are Today is just because of their Parents”-what an irony!!

And the best part is their Parents never think ill or bad about their children-despite all this-they move on-mentally-some physically too!!

That’s why they are called Parents!

Now time passes on-it will not wait for anyone as the saying goes- This so called Child-after becoming an adult-obviously has to get into the shoes of their parents as a natural Life cycle(by the time their parents may be there or they would have left this Universe-that’s irrelevant here!!!)

When their children get into the obvious Life cycle!!-this Fellow with his Life Partner-looks here and there to spend time-as their children has no time and they also busy in what this fellow was doing all his Life.(history repeats always-that's what we read in history books and we have been seeing also!!)

When you neglected-rather never given cognizance for friends, relations, well wishers and parents-during your Younger and Earning days- they won't come to you suddenly-when you want them!!!

And your Wealth can't buy them as well as the Past too.

You live in regret –despite your Wealth –besides having Wealthy and Healthy children.

No doubt we need money for the survival and for the minimal needs-others are just incidentals (one need not to be Philosophical nor spiritual-the hard fact is -we don't carry anything when we leave this Universe. The funniest part is the people who do all this forget that they will also have to face the same situation in the end!!)

Besides running and making Wealth passionately-build the relationships and number of relationships with the same Passion & tempo- enjoy the magic and happiness of Life!

We have no spare Life and have “only one” - Live to the fullest and happily and make others happy!

We have come to this Universe as Visitors-Make the trip worth before we back home!! And remember to leave our Foot print..

Life is always beautiful; it all depends on us.....



Chapter#5
Musings

"Money can't Buy Knowledge....."

"Its age old Saying"

As all of us know, generally this relates buying books in those good olden days-not the Knowledge-if they don't read them.

Here I would like to add my thoughts(In fact it's lot of people's thoughts!!) As these got expanded beyond books...in the digital and virtual world we are living in.

We would have seen lot of book lovers-in our friend's/contacts circle, known people- and few are voracious readers. They acquire good amount of knowledge on various subjects besides making them aware of lot many things.

Obviously this gives a good feeling, lot of satisfaction to themselves and they feel happy-in turn they make other people also happy-it's quenching their thirst!!

There are another set of people who does lot of reading-gain tremendous amount of knowledge(I don't say they compete with Google!!)they don't use the knowledge & learning, don't practice them-what's the usage of that knowledge? just fodder to grey cells!!!

Besides- becoming an intellectual person-who can talk authoritatively in a crowd on any given subject-become cynosure of the years in a crowd!! -due to their level & scale of knowledge.

Is the reading made any difference on them- Nor any benefit to the family, to the society? If not-it's a sheer waste in my view-sure few of you will(not necessary all have to!!) agree with me.

If so called knowledge has not been put into practice- neither derived the benefit to the self nor passed on to the people around them surround them - is in vain.

If that knowledge doesn't bring a change in a person's attitude, culture-what's the use?

They live in a perception that people are respecting them by listening to all their intellectual talk-they ignore-rather they don't imagine that the World look at them other way!!(It may also be my wrong perception towards them!!!quite possible-I stand to correct myself)

I am sure everyone would have come across these sect of people in our Life-If you are not the person of that nature-it's good. Any chance-If you are also are the person of the above nature-it's time to introspect and change-move out from this cult!!!

There are few more areas we can discover this sort of people...

And In today's Digital world-one can acquire knowledge from all over-There are so many TV channels(in all languages)which runs religious lectures, discourses, motivational speeches, spiritualities and so on...(besides other regular programmes)

I have my own doubt(as myself have been seeing so many people for so many years-still not changed their attitudes even now!!it may not be a sample survey-still...I will give some cognizance for my observation and experience!! in order to value myself--) what extent -people are allowing them to sink in and try to change themselves.

Besides above all there is so much of information available besides- messages/stories in the Blogs, Websites, FB and Whatsapp(which we promptly forward -without wasting a single minute with a comment...awesome, motivational, inspirational. great, salutes..so on ..with all the Adjectives-that's all- Is it having any impact on us(I am sure not on many)-or just passing our time? -through one more media- and loss of productivity...

(besides books this also has relevance-as the above too is not free as you know-we pay for all these services!!)

I am not cynical in this matter-the reason of jotting down my thoughts-like I always try to do is-just for reinforcement.

Please allow the above to sink in- no doubt gain knowledge-share the knowledge , also let's try to change our behavior, attitude, imbibe good things and put them into practice- ourselves-internally-when this happens-our external behavior also transforms surely and dramatically. One can feel the difference from the people the way in which they receive us-adore us-once we transform ourselves.

Life is always beautiful; it all depends on us.....



"Happy Sleeping"

Is your Sleeping feeling happy while you are sleeping!!?

Sleep needs vary across ages and are especially impacted by lifestyle and health. Thus, to determine how much sleep you need, it's important to assess not only where you fall on the "sleep needs spectrum," but also to examine what lifestyle factors are affecting the quality and quantity of your sleep such as work schedules and stress.

To get the sleep you need, you must look at the big picture.

Even we sleep adequately why we feel weak? Sometimes-if not always.

It's important to pay attention to your own individual needs by assessing how you feel on different amounts of sleep.

Are you productive, healthy and happy on six/seven hours of sleep?
Or does it take you nine hours of quality ZZZs to get you into high gear?
Do you have health issues such as being overweight or any other?
Are you at risk for any disease?
Are you experiencing sleep problems?
Do you depend on caffeine to get you through the day?
Do you feel sleepy when driving?

Previous day sleep deprivation. If you're sleep deprived, the amount of sleep you need increases.

Sleep quality. If your sleep is frequently interrupted or cut short, you're not getting quality sleep. The quality of your sleep is just as important as the quantity.

These are questions that must be asked before you can find the number that works for you.

What the Research Says About Sleep Duration: There Is No "Magic Number"?

Not only do different age groups need different amounts of sleep, but sleep needs are also individual.

Just like any other characteristics you are born with, the amount of sleep you need to function best may be different for you than for someone who is of the same age and gender.

While you may be at your absolute best sleeping seven hours a night, someone else may clearly need nine hours to have a happy, productive life.

What You Can Do To Improve Your Sleep –then feel comfortable

To begin a new path towards healthier sleep and a healthier lifestyle, begin by assessing your own individual needs and habits.

See how you respond to different amounts of sleep.

Pay careful attention to your mood, energy and health after a poor night's sleep versus a good one.

Ask yourself, "How often do I get a good night's sleep?" If the answer is "not often", then you may need to consider changing your sleep habits

To pave the way for better sleep, experts recommend follow these sleep tips:

- Establish consistent sleep and wake schedules, even on weekends
- Create a regular, relaxing bedtime routine such as soaking in a hot bath or listening to soothing music – begin an hour or more before the time you expect to fall asleep
- Create a sleep-conducive environment that is dark, quiet, comfortable and cool
- Sleep on a comfortable mattress and pillows
- Use your bedroom only for sleep (– avoid watching TV, using a computer or reading in bed, chatting etc.,)
- Finish eating at least 2-3 hours before your regular bedtime
- Exercise regularly. At least 4 days in a week -minimum

Avoid caffeine and alcohol products close to bedtime

Most importantly, make sleep a priority .

You must schedule sleep like any other daily activity, so put it on your "to-do list" and cross it off every night.

But don't make it the thing you do only after everything else is done – stop doing other things so you get the sleep you need.

Having read this I am sure you will get some clues how to change your pattern of daily work, sleep, food, thoughts, attitude, exercise etc.,

I would like to add the following

In your case you work in the nights and sleeps during day(against nature-of course most of the Indians are doing due to I.T jobs-we can't help it-to large extent)

Whether one likes or not-the above is against nature as per our body design and requirement- we need to do few things in order to neutralize the above

Secondly-

A sedentary lifestyle :is a type of lifestyle with no or irregular physical activity.

If you are not doing any physical exercise please start immediately at home at least one to start with-Walking,Yoga, Praanaayama, meditation, jogging-make this as a daily habit(No excuse at all-after it's your health) even if it's 30 minutes per day-but make it a daily habit-it will do wonders to your Mind and Body.

Before you getting into this I shall explain one exercise right now.

One inhalation and one exhalation-means breathing air inside and leaving air from inside through nose) -this is one cycle-as you know.

Do this in the morning-after you get up(you get the best count during this time)

And during working hours

And before food-after food

When you are not happy

While you are happy

While you are in mood swings

When talking to your colleagues

While talking to your family members

While talking to friends

It's a simple exercise can reveal how healthy you are-it's a proven method and I keep asking known people-

(Best Count is 9-)

Type of food taken: I hope and sure you are taking care of this-avoid junk food.

Non Veg: If not eating very frequently it's good.(nothing like it if you can stop eating non vegetarian -heavens will not fall!!)

If enjoy Non-veg and eating regularly-please reduce the consumption and quantity cycle.(gum tape your mouth!!!)

Have a balanced and inclusive food.

All is in your mind to make a beginning and make it a habit

Whoever wants to be healthy(not only wealthy!) they should practice it.

Life is always beautiful; it all depends on us.....



Chapter#7
Musings

"Sub conscious mind and its effect on our Life".....

First let's understand "sub conscious mind" as well as "Conscious mind"-though we heard about them!!

What's sub conscious mind?

Let's take the simple example of car driving process. When we first learn the driving-we completely focus on clutch, gears, brakes and concentrate on the entire process. We deeply notice the traffic, pedestrians, signals and everything on the road.

Once we are thoroughly trained in the entire process-it will get registered in our subconscious mind and we don't make any serious effort in driving, negotiating the traffic, signals, gear changing, taking lanes, by lanes-while listening to music or talking over phone, still reach our destination effortlessly. It's almost automatic.

How it affects us?

In Life-every human being will have 'pain points' right from childhood-which will be stored in the sub conscious mind. Besides this so many good things and fond memories are too stored and locked in the sub conscious mind.

We go through numerous experiences in our life smoothly-but few incidents which are painful touch the "pain points". Immediately-our sub conscious mind react irrationally and illogically-act and react-physically & mentally. We become helpless in those situations-as our conscious mind has no control at all.

And the funniest part is our conscious mind will not be aware that we have already acted upon it-as our subconscious mind taken control over those incidents-though it looks odd-but it's the reality.

One needs to lock those pain incidents in a room and tell ourselves-rather to our conscious mind-not to open them from sub conscious mind!!

Is it sounding tricky and weird?

Probably yes-as we have "conscious mind" as well as "subconscious mind" in our "Mind" as humans luckily!!

The key is with us-others can only guide and show the road map how to move forward...that's all-rest is in our Mind-not in hand!!(haha)

In fact we should consciously "remember to forget" those pain points in our conscious mind -and divert our attention totally to those areas (secret shifters) -where we are happy and do things which makes& keeps us happy always.

One of the good properties of our mind is- it can suppress those thoughts and bury them in our sub conscious mind - will not bring them to our conscious mind-unless we want to finger them...

Various unhappy incidents of our day to day life- are under the control of our 'conscious mind' though they are under our sub conscious mind. We dwell into those pain points and dig them -which makes us unhappy-as we ourselves tickling our sub conscious mind.

It's not that our 'sub conscious mind' is storing only bad things-certainly not - as we know, it stores everything. In fact more often -we become nostalgic and memorize good old things (good flashbacks!!)- rejuvenate ourselves.

The problem starts only, when we touch our pain points.

Anything happens in our life is for our good only-we can't spoil and bugger up our current life-by sitting in the imaginary things-or past pains-which we can't be undone now.

We can undo things in a computer, but not in Life!! As all of you are well aware-as we live and familiar with the "systems" and gadgets in our daily life!!

We need to focus and divert our mind on our family, ourselves, our children, their education, future and other things which makes us happy.

Even people who go to various Spiritual Gurus or Other places to find-salvation, happiness and seeking solutions-few may get answered. Even then-they too should not get into past pain areas-if they!?-None can help them- as same conditions apply to all.

It's easy for me to say someone to forget their pain points .Will it be possible?

It may linger in our sub conscious mind-but common sense and wisdom says to move on and not to disturb our happiness in the day to day life as well as in our future life.

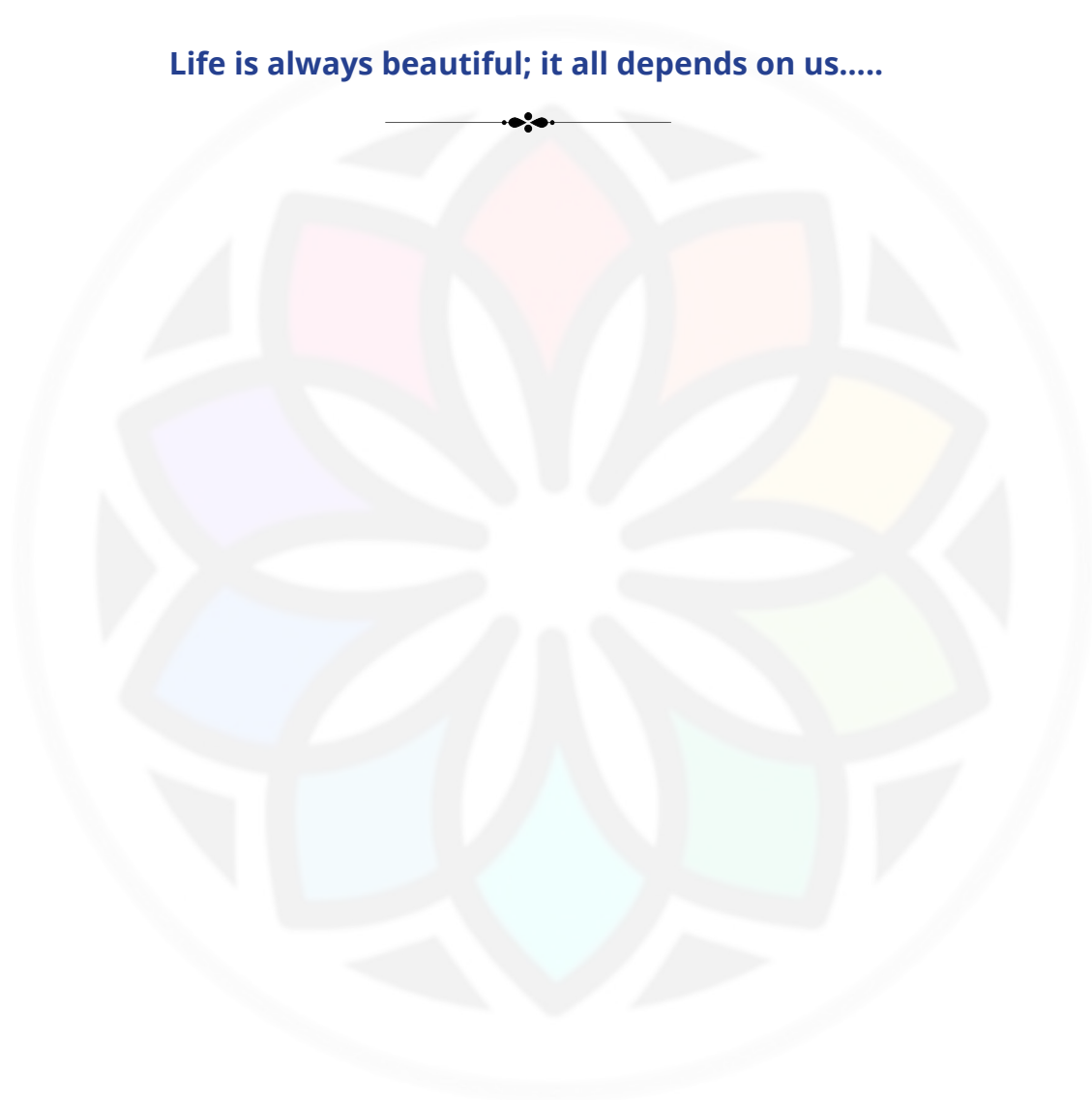
What I feel is (rather even any professional person suggests)-we need to divert our attention-as we only can control our mind-conscious or subconscious.

"Permanent solution"

It is important to transform the seeds of suffering in the sub-conscious mind before they are touched& manifest in the conscious mind.

Let's cherish and move forward

Life is always beautiful; it all depends on us.....



Chapter#8
Musings

"Need Based World"

Friends & friendships are need based
relatives & relationships are need based
contacts are need based
colleagues are need based
relation with colleague is need based
relation with boss is need based
relation with elders/well wishers are need based
relation with old parents are need based
relationship with old friends/colleagues are need based
One more variety of people:

They won't speak, they won't call, they won't mail, they won't phone, they won't chat:-
When they have some work-any help needed, any information required, confirmation required-
no hesitation- Very clear in their Life.

Few are Selfless-for their Selfishness!!

Finally..... And the height is:

Even Visiting temples are need based
Praying God is purely & highly need based
and conditional too!!

(If you do this, If you give this-I will do this!!)

"Quid pro quo" even with God- what a clarity!

(Even our Wish is fulfilled-sometimes and some people try to attribute more to their intelligence/
capability.

If the wish is not fulfilled entire blame goes to God!!)

Just imagine God also thinks -same way -to do things for us-as need based...

ever He gets need to do anything for us...

Remove the "need" from all the above ..be natural, actual and real-
feel the difference for yourself...

This gives tremendous amount of happiness in your Life-in every moment in your Life-you
need not search for Happiness!!

Life is always beautiful; it all depends on us.....



Chapter#9
Musings

"Whatsapp Users".....

Today WhatsApp has made inroads-so swiftly into our Lives.

and **India is the Largest Market** for them - in terms of customer base (approximately .more than 70 million active users!!) They are thanking India and focusing more on Indian market. It's not an exaggeration that today in India there will not be a single person who doesn't have the following groups(if not all-few at least)

Family
Friends
colleagues
Official Groups in Office
School mates
College mates
Old friends
and many more...

It has done lot of good things

Able to send any information-within no time to all over the Globe-with an itch of the finger!!!
People are in touch with one another-at least in virtual world-which was not the case earlier-
happy note.

And able to connect people and chat with them-even daily-from and to any part of the Globe-in a literal sense World is in our hands(this reminds me of-once the dream of Dhirubhai Ambani-Duniya mutthi mae.)

Lot of knowledge gaining/sharing happening

We are coming to know lot of things-what all happening around the globe

We are able to communicate even official messages in the Office-among colleagues, Business partners too.

And many more benefits.

My observation and suggestions for the users-Specifically for group users

The basic habit of the user is- whatever it comes to their Inbox has to be forwarded immediately-after reading(yet times without reading also!!)to the other groups-as well as to other contacts.

Nothing wrong and it's natural- due to-itching to the right hand finger(for the left handers it's left hand finger!!!! am not biased..) and want to be first in Forwards!!

But they don't see whether the same message/forward/video clip has already landed in the group or not-before forwarding-hardly people have a habit of reading whatever they receive in their groups in the first place-Let's cultivate.

They don't bother whatever other contacts are sending to the group. Just they take this as a platform for just forwarding to public-in a Nano second

The attitude is -we want to be the first to forward to the whole World(who sends first syndrome!!) Please develop a habit of reading or at least take a note whatever are landing in our inbox-give cognizance-The message you wish to send has already been sent by some other group members-it's OK-cool-we have not lost the race or Olympic medal.

Yes-yet times it may happen that there can be repeats-as everyone operates in different groups-but for few it becomes a habit .Please understand other group members will not give any cognizance for them -as it's been used as a Just Forward Platform-the interest is not to keep in touch with them with affection and wish to maintain relationships-through this media. (Of late it becomes fad to have more number of contacts!!)

And just don't forward anything comes to you-let's find out the facts from Google-see the correctness and forward-if it is beyond our common sense and knowledge.

Like Charlie Chaplin birthday(we celebrate every month)

Happy daughter's week

Happy friendship week

Our National Anthem adjudged as best one by UN

Don't drink Mazaa-Aids worker blood is mixed

alpin/safety pin with Aids person's blood kept in a cinema hall seat...

And lot of Vague, silly and Weird messages

And Forward some religious messages-asking them to send to so many people for the blessings of the various Gods-if not sent bad will happen to you(!!!??)as if God has no other work..

the list goes on..

***note:** what motivated me to write on this topic is-few frustrated souls have requested me to write on this topic-as I have bigger platform- and I request each one of you first to follow and observe. And also educate the people who are in your contacts list-it's my appeal too!!)*

Happy whatsapping.

Life is always beautiful; it all depends on us.....



Chapter#10
Musings

"Be Selfless - If You Can't - Still Be Selfless - For Your Selfishness!!"

(Sounding weird?)

Ideally every human being should be selfless-be good with everyone and environment-in principle.

If not-at least for our own sake -thinking that somebody may be helpful and useful to us in future (There are lot of people existing in this polluted World who have mastered this talent!!) By keeping this in mind -we try to be good with people around us.

May be over a period of time this pretention can change one's attitude magically and become selfless- a Possibility-not bad- optimistic and positive thinking!!

(Just see how I am trying to inculcate +ness to Selfish people also!!!!I am pessimistically optimistic!!) Of course one can make out easily- that whether other person's goodness is pretension or real-still... as we know how to handle them-its' ok... That's altogether a different topic (May be this can become one more topic for me in my "Weekend musings!!)

Humor apart-be good and kind to people, be supportive- enjoy the magic of Life and make people happy around you, surround you.

Just imagine when we are in need-if others don't respond-how do we feel? Let's be selfless. It's not of our choice to born as humans-but it's our choice to be a good human.

I am sure all of us will move in this direction! My salutes to them, many who are on this path!

Life is always beautiful; it all depends on us.....



"Let's love people when we and they are alive"

The above is one of my firm beliefs and I have been practicing throughout. (And it's one of my favorite statuses in WhatsApp) And I kept this as one of the topics which I shall be writing in my forthcoming " Musings"!

During two weeks back the following message in the form of a poem was going viral on social networking sites-especially in WhatsApp. If you are a regular WhatsApp user-by now your mail box would have been filled with this and you would have read number of times like imposition! In fact this is what I wanted to write not like a poem (as I am not poet-of course I am not a writer also for that matter!!)

This message is beyond all relationships, read this poem all.. it's touching reality and a must read for every soul

When I'll be dead.....,

Your tears will flow,..

But I won't know...

Cry for me now instead!

You will send flowers,

But I won't see...

Send them now instead!

You'll say words of praise,

But I won't hear..

Praise me now instead!

You'll forget my faults,

But I won't know...

Forget them now, instead!

You'll miss me then,...

But I won't feel...

Miss me now, instead

You'll wish...

you could have spent more time with me,...

Spend it now instead!!

Moral.....

"Spend time with every person around you, your families, friends, lover, acquainted...

Make them feel Special ,

Because you never know when time will take them away from you forever"..

Life is too short.

Love all and forgive all.

Having read again and again (probably) let's be honest and touch our heart & ask -How about us? How truly we are into this?

Why can't all of us practice this (I am not making any sweeping generalization) instead of sending as one more Wow forward?

There is so much truth in the poem and in each word-please save on our desktop on your system and "top of our desk of your mind"-let's recollect, tell ourselves each word every time consciously-I am sure it will bring lot of change in our attitude and behavior.

I have seen few people, who cry for their parents, (never would have bothered to take care of them and shower their love and affection when their parents were alive!!)

Our existence and whatever we are today -is just because of them-Let's remember always-reciprocate with love and affection.

And same case with close relations, friends- we cry, feel guilty- after their demise-while never maintained relationships when they were alive, we wouldn't have talked to them also!.(Due to our ego, prejudice and lot many other reasons we give!)

What's the use of crying?

And What for- When they are no more in this Universe!

Can we bring them back?

Don't we feel guilty within ourselves for our behavior when they were alive?

And just imagine if our children repeat the same to us-whatever we did to our parents and others?

Of course this is just for reinforcement and retold by me-you would have seen, read and heard, listened- thousands of times by now in your life. (May be one more time, that's all)

And I take this opportunity to salute few good and noble souls who are practicing in their daily Life.

Don't try to lose the people to realize their value- by the time you realize they may not be there!

Life is always beautiful; it all depends on us.....



"Our Cultures & Traditions !!"

Don't get frightened-I am not going to give any Bhashan or Gyan

Every Nation has its own cultures and traditions since centuries-As the time goes on they get into new form and get refined(?!)-as per the convenience of the people -as all of us are living in the World of Convenience.

One need to reform, transform-including the Nations-as per the current trend and changing World. In the advent of Digital World-lot many things have taken into a different shape-total transformation-height of it is-Virtual Poojas and Haarathis to the God!!-though it looks and sounds weird)

The cultures, customs and traditions varies from place to place within each State as well as in other States. By virtue of jobs, careers(of course better financials too)- people keep migrating to different places(unlike olden days) and we get adapt ourselves to the local cultures very quickly with ease.

We see lot of crowd in temples in India -especially-during festivals(I am not sure whether it is real Bhakti, fear and fad-not all of course!!) It's good if it's really and sincerely we visit the temples with unpolluted worship-My respect to them and God will take care of them)

In order to get exposure, moving up in career ladder and Life(??)people have started moving, migrating and settling in various Countries-total shift from our roots as well as base.(This is called evolution I presume!)

We get tuned to those cultures-very swiftly and even start celebrating their festivals, events-irrespective of the caste and religion-sometimes(!!) to mix more in to the local flavor of living. As the saying goes "Change is not constant" -we need to change, adapt to the best possibility and suitability of local conditions. This will pave the way for the immigrants for the acceptance by the local Natives-so that Life will go with ease and comfort.

The above is perfect and it has to be that way- obviously-no complaints and no cribbing!!

The problem starts- when we forget our roots and cultures(and even few are not aware what's our cultures-one is genuinely not knowing-second is they get so much used to the local customs,

cultures-they tend to forget our own culture and lose our identity.

That's not warranted(I feel!!) and appreciable. Let people move out to anywhere and any corner of the Globe-they should not forget their roots.

Nowadays It has become a fad in India-especially younger generation(not all!! don't jump at me!!)(few elders too!!!) -to abuse and ridicule our cultures, customs and religions-in the name of so called advancement, Globalization and Forward living(of course others are not barbarians-right?!!)

It's not barbaric to know, follow and observe our cultures(if we notice people who have migrated to various countries -centuries back-still they try to save and follow certain traditions-which are in their genes- they feel proud and happy in safeguarding and following them-let's not forget and ignore !)

If someone -amongst us-is a voracious reader of various books(not magazines!) would have noticed -especially of Motivational speakers/writers/public figures(I am referring to foreign Authors) there is a definite mention of Lord Krishna, Bhagavadgita, Buddha, Mahatma Gandhi, Jiddu Krishnamurthy-sayings and quotes-and of course other Indian references too.

They take the verses, texts from them and specific references they give in that context. They have praise and respect for our Indian Cultures, Think tanks and towards our Spiritual and religious flavour-they don't ridicule-like some of Indians.

(We have rich heritage-India is a Karma Bhoomi and Punya Bhoomi. Feel proud and great that we have born in this Country- for which lot many in the World envy of us-in this area.)

And lot many people(even foreigners) had their soul searching in India and got the transformation. Please value our History and heritage.

If you don't like and don't want-
don't follow-
just ignore-
But don't ridicule.

Life is always beautiful; it all depends on us.....



"Karma and Destiny".....

(Don't take shelter under this...)

IWe-humans-obviously I am addressing to humans only naa? How other creatures can read this? Oh no..I am becoming intellectual slowly...no...I don't want to...as already World is full of Intellectuals..!!

I want to be Actual-Not Intellectual!!

By nature I have the habit of talking at length, writing at length, chatting at length-as I don't know Shortcuts in Life-And I don't want to cut short my Life-not for me.. for your sake only..see I am selfless!!!

Of course I never had any problem for myself due to this habit-only to my family, bosses, super bosses and to all-including my team members-they were helpless in telling me probably-on a lighter vein-with a fear that I may increase their targets or other apprehensions-just kidding.. No way-they are not like that..just pulling..Always I had best team.

As I have done the preamble, familiarization to all of you(I know for sure by now few of you are fed up with my familiarization....?!!!!)- Let me come back to the subject.

It's very natural in every one's Life- that ever since we attain the age of knowing-what is good and bad in Life-we start learning(Even insignificant, weird and unwarranted things also...) right from the Childhood -College days- at work place-even in our Personal Life.-(learning-It's a past tense, present continuous tense and future tense also. Some addiction to grammar!!!)

(In those days we used to get(most of them) "wisdom tooth" during our Teen age-unlike these days -where people are getting Wisdom Tooth even at the age of 25.! It's a different thing that some people even at middle age they wouldn't have discovered their Wisdom tooth!!!???)

For lucky people the Wisdom will come after the marriage-with spouse entry (they are called either lucky man/lucky woman) May be this is the reason our Elders used to say "Marriage will bring luck to few"!!

Ok. I will come back to the point...

When going is good - things are happening in our way and favor-obviously we feel happy-take the credit, attribute to our intelligence- exclusively- no credit to anyone and no blame game-lot of clarity!!

When things are not falling in place as per our expectations/wish- First we blame the entire World. Immediately we turn to the "Karma/Destiny"- We know-It's not correct-still the State of mind will make us to think that way for soothing ourselves.

In every circumstance and critical situation- most of the times-certainly we would have had better choices. But -it wouldn't have occurred any good idea, thought, path, solution, during that time- to us-due to various reasons. May be lack of effort, sincerity, approach, ego, lack of grasping and understanding, lack of guiding force/mentor -lot many reasons...

Few of us would have realized at hindsight ...and would have improved at our later part of Life- using those experiences& Learning-would have slowly forgotten the word "Karma/Destiny" or must have used them seldom.

No doubt that would have made a tremendous difference in their Lives- would have taken them to places in their professional Life (here-I am not talking about the Tag or Position). As benefit of this- their personal Life would have been much happier-compare to others-as they wouldn't have taken too much shelter under the name of "Karma/destiny"!

I have seen both varieties of people in my professional Life span of 35 years-good experience for me- as Learning is two way-thanks to each one of them!

Whoever is still in this frame of mind-please come out -introspect, take the help of others-if you are not able to resolve. Move forward -come out with flying colors in your Personal as well as Professional Life- Instead of blaming fate, karma and all bla.bla..Let's not be escapists!!!

After all there are lots many good people in this World-may are beside you!!

There are lending ears and helping hands - available around you and surround you-in needy time-just identify them...

Life is always beautiful; it all depends on us.....



" Life is beyond Hits of likes and forwards"

We are too much into the technology and social networking media nowadays.

It was Face book: posting-hits-likes-dislikes-our mind status is "status & profile"!

People convey the message what's going on in our mind- to our Friends-put into Status/profile and sure it will reach the target.

Anything under the Sun -post it-expect more hits of likes-if not-take hurt to heart.

postings of jokes, gyans, moral stories, video clips, social causes, someone raises tone for occasion-join the group and send the link to our friends and contacts.

Anything and everything happen at home-in the mind and heart-post it with a lightning speed-as transparent as Sunny Leone!!

Over a period of time people started realizing that they are wasting time on this and few really lost interest.

For sometime whole world felt very happy in many ways-especially at every home-parents and elders-including the addicted users-for a change!

Then suddenly Whatsapp caught us like wild fire -made inroads and overnight we made this App as top users in the World-(more than 70 million users and the number is going steadily & strongly- like our inflation during UPA time!

(Whatever the reasons we need to give due credit to Modi for current lesser inflation rate!! don't worry I am not writing politics here)

Again all the characteristics and properties of ours ran and rushed into this App- I need not talk on this.

The amount of good in the world passing as quotes, stories, postings, forwards, video clips, what not. (Sorry for repeating the above sentence..I had to!!)

Even 1% of it get into our minds , start acting and practicing on those morals, good things-world pollution would have come down substantially & dramatically!-if not ozone depletion(which is any way in the hands of our Rulers and on their regulations!!)

We use all these mediums as pass time(to certain extent time killing-rather more of wasting our time!!)

Please don't just forward- quotes, stories, and saying motivational video clips are good, wow, amazing, incredible- using world of adjectives in our comments!

Instead -let all the stuff sink in and make changes within ourselves-in lieu of doing, hits, likes and forwards.

When we spend so much time and money(of course productivity too) on these things something good should be taken in return-not to kill our valuable time and money.

Let's Reconnect, reboot, Reprogramme, Rediscover ourselves(all the possible Re! Techies knows better!) for the good and betterments of ours. And the surrounding gets benefitted as a cascading benefit-at work ,home as well as in the society.

So please-during next time -think- before we forward any quote, moral story, motivational / inspirational story , any other good things, informative, knowledgeable let's take the benefit of ourselves first.

Don't waste time and Life without benefitting from the above.

Before all these activities-let's take care of daily challenges and routines in every sphere of our Life.

if you are a college student: focus on your studies and plan your career-take the help and guidance of the people. This is the life time opportunity for your "Entire time of Life" Struggle for 5 years- be peaceful for 50 years. This is the age and time to be more focused on your studies. And do with steely determination-just conquer the World.

if you are in your first job: The company where you are working has given wonderful opportunity in providing job. Learn, take initiative in knowing and learning more and new things. Learn from your seniors and superiors. If possible try to have a Good Mentor for you in the organization-who can guide you.

Do extra stretch and don't look at the money only-it's a wonderful opportunity to learn and knowing things. And also an opportunity to come out of your perceptions and myths-what you have been brought in along with you.

Always first job gives an wonderful opportunity for learning as well as unlearning.

If you have been working for few years: Please help and give the necessary support/guidance to junior colleagues. Add value to the Organization-don't get into ego and throw the air to the people around you-it neither helps you nor the organization- Inculcate good qualities and imbibe requisites to become a Leader-don't be a just manager appointed by the Company.

If you are a Manager: By virtue of your experience and knowledge you must be in the post as a recognition by your Management. Question yourself-very bluntly-whether you have required Leadership qualities or just become a Manager by some virtues.

don't stop learning-learn more-don't be narrow minded, don't be whimsical, judgmental and be on the ground with firm footing-As it's very important at this age and also the role demands these qualities.

Most of the Organizations fail to perform as people at Manger levels are very mediocre-not great performers, not motivators, not good in Man management skills. They can't inspire their team itself.

Each manager should acquire those required skills to do best performance over previous years. Then only the organization will flourish. If the mediocrity crept in at this level-the organization will doom and never be able to recover too- and the individual managers have no future-within the Organization as well as outside.

Value your Organization-don't pass your time here.

Every person has his/her daily role at home as well as at Work place-please do your best with all sincerity.

After doing all this very efficiently -you can jolly well get into FB, Whatsapp and other social networking sites-not at the cost of our primary job & role we are supposed to do day in and day out in our Lives.

Life is beyond hits, likes and forwards and social networking sites. And Life is not only Android,(of course Apple too!!) FB and Whatsapp-

Optional reading

I would like to mention the following lines of my experience.

During my career I was lucky enough to go through so many Training programmes and got benefitted.

As I had the habit of interacting with people I talked to number of Trainers and Faculties- they always used to express common opinion that in the Indian context, in our Management style- when an employee leaves at a junior level even at mid level- majority of the time -reasons could be the behaviour of the immediate Manager or next senior manager and culture/lack of proactiveness of the senior management/Organisation-they opined it's not always people just leave only for money.

But unfortunately here in India most of the Organisations at a Senior level will never give an iota of thought also from the Manager side- it always one way thinking-the fellow is leaving just for money.

Then I asked one of the Trainers-why don't you give the required training at Corporate level- He said they are doing selectively to the companies who are showing interest and no attitude problem.

Life is always beautiful; it all depends on us.....



"Appraisal by God!"

It's the time for the appraisal of the God. As a practice God does our appraisals once in a life time accordingly he will reward for next Life-as per our current performance.

As the entire world is going through stress at every stage-he decided to change the policy and started interim appraisal.

There is an appraisal discussion as follows:

God: So how are you doing and how is the current role of yours?

When I sent you to this Universe –S.O.Ps have been given and made you aware.

Human: Yes God-I remember and the copy of S.O.P is available with me on my lap top and saved in my smart phone. And yet times I keep the same as my "status" in whatsapp as it reminds me!

God: That all good. But I never saw you following all that.

Human: Sorry God. No doubt when you created me you have taken some assurances from me. And you have clearly explained me Good-bad-ugly and the rules of this game too.

But what can I do? On the other hand-You only provided so much of attractions and entertainments in this world-why are you trying to find fault with me and blame me? In fact I am respecting your creation and taking care of them!! In fact you should give me handsome PLA on this point alone!

God: Partly true (hesitantly!!) At the same time I have provided temples, religious places, Orphanages, Satsangs, Charitable services, Voluntary organizations too. I never saw you there so far-not even once! (bit of anger in the tone!)

Human: Sorry God (with a toned down voice as he realized God's mood) The amount of happiness and enjoyment I get in your creation of Entertainment-I got hooked to it. Anyway now I will start visiting temples and other places once I become 40 plus-long way to go!

God: What do you think for how long you will be here? After all you are not immortal!

Human: At least 80 years plus-if not 100 years-you know I am not too ambitious and greedy!!

God: But your guarantee card will expire by 60 years.

Human: How come? (With a bit of sadness) It's unfair. If you take me by 60 who will take care my domestic commitments and responsibilities of my family members. I need to give them the best education and perform their marriages

And also I have great plans to do something to the Society after 60!!

God: Don't worry! I will see to it you complete these responsibilities before I take you from here.

After all I am the creator and your well wisher too. I am cautioning you it's better to start doing well -hence forth. Otherwise you will have no time-You should become a like "man in a hurry"
Human: Come on God- You should be fair with me

God: (quickly) where I am unfair to you? In fact I am assuring you good life and good future for your children. Even when you are not there-you need not worry about them.

Human: Come on God. You don't need to be vocal and emphatic. I have trust on you that you will fulfill your word. But look from my side. Having assuring all good things for my children-What's the use when I can't see all that and my Grand children ... It can't be premature retirement for my Life!!

God: Hold! Even this too- with further commitment from you that you will do all good things henceforth-without wasting a single day. My promise and assurance to your family welfare is conditional. It's not like your automatic increment, PLA and promotion-because your boss likes you-despite the fact whatever you are!!

Human: Come one God. You don't know how difficult to take care of the boss in these days? Yet times I feel to perform better to avoid taking care of the boss. But you know-If I really start performing-who will take care of my Boss-in fact mine is selfless service to the boss-in turn to the company!

Any Way- You can supervise me from your place through "skype" and let's have web interaction at regular intervals. And give me the feedback.

God: OK. Let me observe

Human: God-one request-if I do well-as per your expectations-will you extend my guarantee card(human trade off with God too!!)

God: Ok. As a special case I will start doing annual appraisal. It all depends on your performance. If you consistently do well I shall give extension to you beyond 60.

Human: Thanks a lot God.

God is leaving with a hope that this human will improve and do good things henceforth and grant him extension.

God is always God-so let's not cheat ourselves- and try to improve at least from now. Even we have done any wrong things and not kept up values so far. Let's forgive ourselves and change the way we live from now onwards. And move ourselves to best path at least in the remaining years of our Life. Whether God gives an extension or not-if we really change and taste the happiness in life it doesn't matter to us on the extension.

For a change-let's do our self-appraisal and see to it he will appreciate digitally from remote- by saying "Accepted"

Dharmo Rakshathi Rakshithaha

Ardhaarth: "Dharma protects it who protect it"

"Take care of Dharma-it takes care of you"

Life is always beautiful; it all depends on us.....



"Think of Health when we have health!".....

As a nature, we never give any cognizance to health till we turn to middle age and become ill health. And few even at middle age don't take care of their health-that's a different thing altogether! They behave as if they are eagerly waiting for ill health!!

Of course in youth-everyone feels heroic and feel that we are above everything. And health and ill health sounds funny, barbaric and it's for oldies!! As our perception is that only old people become ill health!!

Suddenly, when there is a sign of ill health-we go to Doctor-he will write world of tests to go through- to see whether all the vital organs are working well or not?(if he doesn't write, 'his Heart beat' will go up looking at his investment!!) As he has "mechanism" as well as "machines" to give the results-he need not struggle also!

In the process of diagnosing our disease and make us healthy he will become more "wealthy"- as we keep all his latest equipment in the lab is buzzing with activity and his EMIs will vanish within no time!(Just see our power of prospering them-this is called taking care of the "Financial wellness of others"-CSR activity!!)

Then we get sudden enlightenment-
Why I have not taken care of my health?
Why I have not thought of proactively?
Why I didn't have control on my diet?
Why I didn't have control on my habits?
Why I have not gone for walking?
Why have not gone for yoga and meditation?
As if we come to know only now these things...
And we remember all the Gods in the Universe!!

It will be a different story if we would have rubbished and given a lecture in the past-that what is God and bull shit... bla.bla.-even an Atheist remembers the God then-they don't disclose publicly!

Even God listens to them and forgive them. May be all this will be a plan and creation of God for conversion from Atheism to Theism-who knows? God only knows!! (Just see God also a conversionist!!Is this word right? Please correct me.)

When so many conversions are taking place in Kaliyuga-God also trying to do the balancing act!! If any chance the Lady of the home has given any one of the above advice-in the past-and you never listened-that's all .you had it- then it will be a Ram Gopal Varma horror movie at home! You know what happens afterwards-tests, results, diagnosis; repair (sorry treatment to our system!!) goes on. It depends on the intensity and our luck- whether we become normal or we will have to be on alert mode for the rest of our life!

Yet times Doctors say "we can't say anything now" which means he intent to be milking us further and keep us on our toes-psychologically and physically for a pre-closure of his EMIs!! And atmosphere at home will suddenly become gloomy-as if "God of Sadness" is made an entry in to our home and settled in our master bed room!!

As a side and background music- neighbors starts flowing like in a ration shop and you get a feeling that you will never be able to recover they way in which few talks-by giving some references, examples-where someone never survived for similar problem. Instead of recovery you become more ill healthy and doctor becomes "wealthier." The picture and reality is scary but it's true.

At least why don't all of us to think of health and take care of it when we are in pink of health. That can avoid the entire above colorful cinema at home.

Think...Act now.

After reading this- start doing exercises, run for morning walks, put gum tape to your mouth for few hours in a day-whoever is not doing this? Its better late than never.

I appreciate and salute the people who are proactive in this matter-after all it's our health! Please understand Ill health is a manifestation of our inaction while we were healthy.

Wish You All Best of Health

Life is always beautiful; it all depends on us.....



"Essence of Life!".....

At the outset -let's understand and realize that we are one of the Wonderful creations of God in this World. And we all have born for a purpose-after all God has not created us for His Pass time.

We have born without our choice-but with the wish and purpose of the God. And He has not assured to any one of His creations that -Life will be Wonderful and the whole World will be "Fair to us". And we are lucky enough to born as human beings-not as any other creature in the World-thanks a million to Him.

As we grow-we have the impacts/influence of our parents, culture, upbringing, neighborhood, our friends and the Company we keep-besides our Nature and Attitude.

Above all-something which is not in our hand is -His Design and Wish- (none have control on this in God's creation) as per our Past life deeds-means-whatever we did then-Good, bad or ugly-we had no idea about it now !!.

I call it for better understanding-Back Pack-Which all of us carry and bring in to this world (non believers can laugh it off-I have no issue or debate on this and I respect their disagreement too!!).Since we know our current life-let's not waste this one- live it wonderfully and to the fullest of Life with Love and Compassion.

Let's see few examples- many of us-may be all of us are aware-just to reinforce...and retold by many.

Ramakrishna Paramahansa: Had throat cancer

Swamy Vivekananda: Died at young and early age due to severe diabetic-many are aware of this (imagine what the medicines available were at that time)

Ramana Maharshi: He was in Arunachalam(Thiruvannamalai) in Tamil Nadu-close to Chennai-people believe him as an incarnation of Lord Siva-he had cancer throughout his Life-when devotees used to ask him it appears-he used to say that "let it be there-it has come with me as a Karma-which I need to go through-just ignore the existence of this and move on...."

All of us are aware their impact made on the World and Human kind... they have born for a purpose!

There are umpteen examples in this regard.

That's the deciding factor for the God-I strongly believe all this is due to our Poorva Janma sukutam (due to good deeds of past Life), Parental Background and upbringing.

In our Journey right from our childhood-as we grow-we become adult-get married-have children-become elders-aging and completing our Journey. Its' like we replicate the role of our Parents-they get promoted-leave the Universe- and our children also don the similar role-then our role changes and our Parents role changes-its' a continuous Life Cycle and God's creation in the nature as we know.

As a human being once we come to an adult stage-where we will have the ability to know what's good, what's bad and starts attaining knowledge/awareness. And we have our own feelings-which generally we respect more-not necessarily have to be respected by everybody!! As we keep changing our roles -while we are graduating our Age-our feelings remain same-may be it becomes more mature and take a better shape-and we start respecting other's feelings also (logically we should do as we expect others to respect our feelings!!)

Our feelings may not be respected by others fully in all respects-however the show should go on...We can be different from others and unique by our Nature and Attitude.

In the entire journey as a human-despite our parents, friends, companions, Sons, Daughters, Wife, Husband, Well Wishers etc., more often we talk to ourselves -And we need to live, face, confront, enjoy alone yet times-which is a fact and part of life.

I am a strong believer like many- that Life is more valuable than anything else in the World-everything else is just secondary and incidental-what it means is we need to Love ourselves and our Life-throughout.

In the creation of God-as I mentioned above-due to our history-he will write on our forehead and sends us to this World. Our Lives goes on as per His design-we have no role in this -just we are the spectators. However we need to make every attempt in our life to change the situations to our best ability without leaving to destiny!

Yes-we need to have the common sense and wisdom-to make our lives happy in any adverse conditions in this process.

In this process - Our journey can be good with few obstacles too- sometimes things wouldn't have worked out for us-certain things will be working out for us. It's ok as all in the game of our Life-stay cool. It's totally in our hands to make our Life happy- enjoy every moment and make others also happy in the bargain.

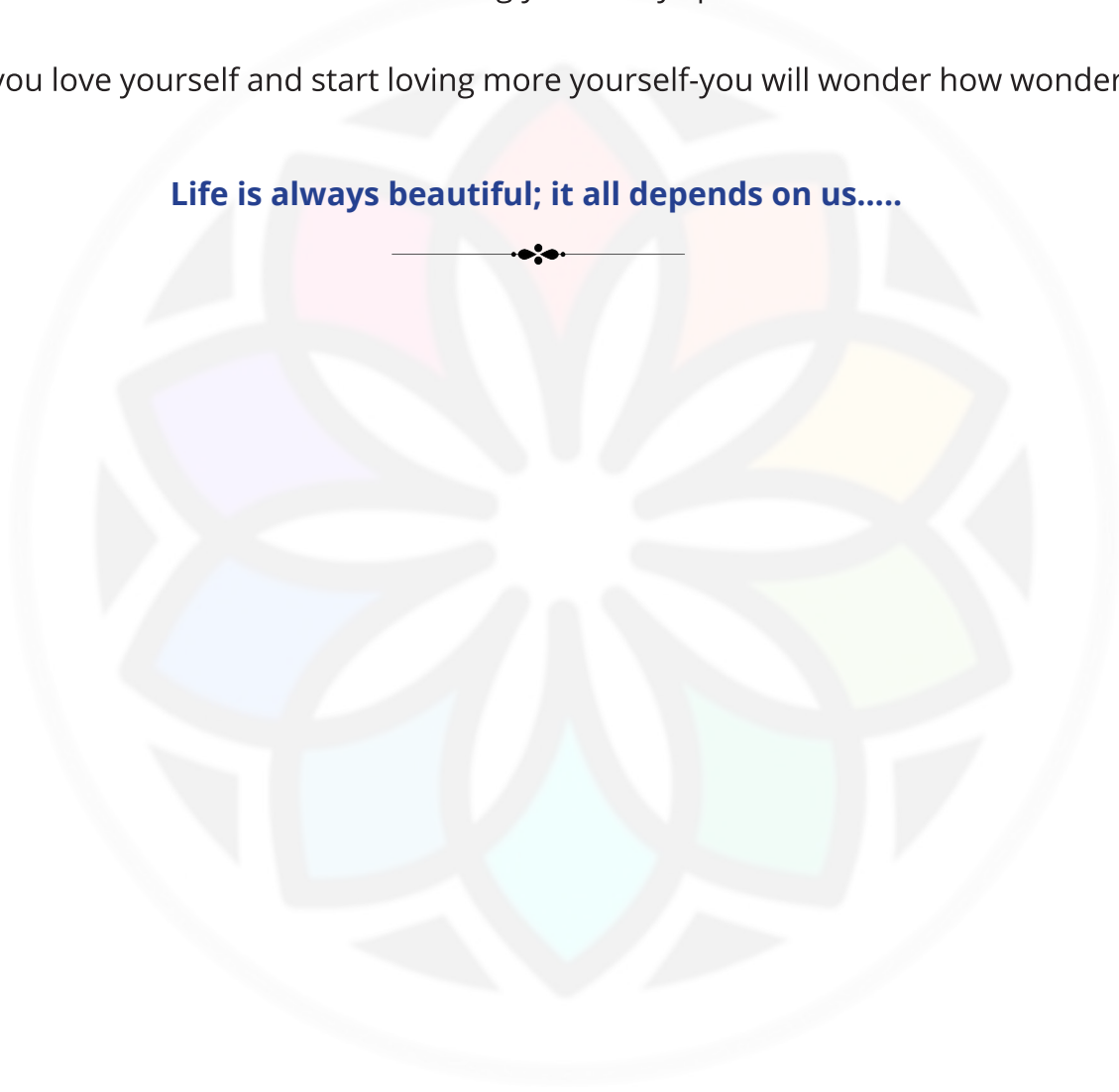
If we have noticed-interestingly-we would have felt more happy always-when we made someone happy-than the happiness we possessed something (observe once again-This is true happiness!!)

That's the secret of happiness-the thought of making someone happy and making someone happy is greater than anything else in Life.

It's all our thinking and it's our State of mind. Everything is in within us-not external. As all the thoughts come from our mind that makes State of mind. We need to come out of that state of mind sometimes-when our mind is bothering you in any specific issue...

I am sure you love yourself and start loving more yourself-you will wonder how wonderful it is!

Life is always beautiful; it all depends on us.....



"Change !".....

Everyone in the World knows and says that "change is not constant" and "Change is inevitable"
We all are aware of them and no need to endorse by any one of us.

What's the take away from this? Just use this very often-in our conversations-as this sounds good and fashionable.

The question is- Are we ready for change? If so, how quickly?

We all are aware that we need to change ourselves for the improvement and betterment in our Life. Everyone wants and expects others to change- but we don't make any effort to change ourselves. If we want to be happy let's change ourselves, as we have control on us and not on others- besides - we want to be happy with the change. We can't give ' our Happiness' remote in to someone's hands-obviously.

Let's not be conditional that we will change when others change. Few people have a habit of cribbing for their current situation-and keep complaining-it can be anything under the Sun- vary from person to person.

It can be health:-one needs to change their routine and take precautions

It can be financial condition:-need to plan and rework-or an advice can be taken from the knowledgeable people.

It can be current job status: need to discuss with colleagues-bosses and others-who are relevant

It can be with family members: should discuss and thrash it out

It can be with so many other reasons...

The list is infinitive...goes on

We should be aware that in order to bring the improvement from the current situation- at the outset a 'thought should 'occur to change-before changing ourselves. The irony is most of the people fall under this category and they expect miracles should happen-without moving an inch physically and mentally in a right direction.

Then - without making any effort to change our thinking, behavior, habits and attitude -how can we expect things to change from the current situation?- Neither it happens automatically nor magically-After all life is not in an auto- mode.

Let's understand and realize that we are the sole beneficiaries from the change- and the cascading benefit is to our family, friends and world around us at large.

When you think of the word "change"- 'change' yourself to bring the 'change' within you and not try to 'change' people and expect people to 'change' and world at large!(confused!?!It's not my intention! Please read once again)

There will not be an iota of improvement from the current status without changing 'within'. The problem with all of us is-what goes on our mind is -"we know all this stuff. ""Enough lectures on this" so on...

But we are so lazy to change- (you have not like the word 'lazy' have your own word (!!))Sorry!!!- even for a "thought of changing...!"

I am sure we will be more conscious of this and make an effort in this direction. On a lighter vein-few may change-by stop reading my weekend musings-with all Gyans and Bhashans...

Of course always you have this choice!

Life is always beautiful; it all depends on us.....



"Evolution of selfishness!!"

In good olden days there used to be joint family system where people have been living together for centuries. Every member in the family had good bonding with affection and warmth. They used to share lot of things commonly -there was no separate space-unlike in these days. There used to be greater compromise, adaptability among the family members and they just listened to the Head of the family group.

The common thread for all this was love, affection and caring amongst them-zero selfishness! As an evolution we moved from that system and started living separately as nucleus families after migrating from the villages to towns and from towns to cities for the education of the children and other priorities. By virtue of this we have become 'narrower' in our minds and hearts-unintentionally. But our cars and houses become 'wider and bigger'!

There was a tremendous impact from the society and our individualistic thinking with all the freedom, liberty and exposure. As a fall out of this we have moved away from the 'large joint family' to 'our family'. In the advent of globalization and digitalization of the world we have moved from 'our family' to 'my family'-Selflessness to total selfishness!!

Having attained more education (not culture!), exposure and economic independence-we have become very free to air our opinions and started giving more important to 'self'. This has paved the way to 'I' mode among the family members from 'my family'. Everyone wants to be independent and to have their 'own space'- More Independence than we got Independence from British in 1947!!

We have become more individualistic, self centric -rather larger extent selfish- in the name of evolution-what an irony!?

As all of us are aware and witnessing- since two decades most of the families have become 'nuclear' with one child -very rarely two children. After Globe has become a small village- there are no boundaries-thanks to the latest communication and Information technology.

This reminds me Dirubhai Ambani's dream "Duniya Mutti Mei". He was dared to have this dream-which was unbelievable in those days (it was sounding weird too!) but today it become reality. Entire world is in our Mutti(Fist)-through our smart phone!!

It's always good to adapt ourselves to the changing world-with a rider-without forgetting our roots-especially our relationships and human value. And let's hope we reduce our selfishness and imbibe certain amount of selflessness too which is healthy to our body and mind!

Life is always beautiful; it all depends on us.....



"Are We Immortals!".....

All of us have a time bound journey on this planet. Our Soul has taken this body on a lease for specific period (only creator is aware of the lease period!!).And our parents have given the name and few of us are blessed with brothers and sisters-of course with big paraphernalia like: Family, friends, relatives and so on....

It's like a journey from one place to another -where we reach in specific time. The only difference here is that none of us know the time when will our journey gets completed?

Every one of us needs to complete the life cycle-childhood-adulthood-middle age -old age- and finally complete the circle. During the entire cycle of our journey we go through all the process-with varied experiences.

We would have seen our grand -parents and few of us would have seen great grandparents leaving us from this world in front of us- taking nothing with them-except leaving their foot prints.

Despite seeing and experiencing all this right from our childhood-we get so attached, obsessed with all worldly and materialistic things with an intense urge to possess them.

Few people have so much craving for this as if they have born for this and are allowed to take along with them when they leave this world as an attachments-despite knowing the reality. That's called Moha and Vyamoha. One needs to understand this Maya and should not get attached to this materialistic world. That doesn't mean that there is anything wrong with owning material possessions. Let's cultivate to live with detached attachment.

I am neither saying nor advocating for going and taking Sanyasam and becoming a Yogi. You can be very well, be in this materialistic world and have a fulfillment of your life in all respects-certainly not to vices!

Of course everyone have their own definition, understanding for vices-in this current world-and I will leave this each individuals taste and choices.

I wish all of you have a wonderful journey of Life as every moment of our Life is valuable!

Life is always beautiful; it all depends on us.....



Chapter#21
Musings

" Third Dimension!".....

For every incident between two individuals- there will be two versions from both sides. Whenever our dear ones shares any incident -yet times-we become biased due to the relationship we have with the person. However we need to listen or should aware the version of the other person too in order to give a fair opinion of ours. And we should not jump at the conclusion and be judgmental on the issue.

In few cases there will be a third dimension-as each one of them share their version favorable to them- we need to look at in another dimension-that is 'truth'. Often it happens- as both parties will color their picture in their favor in order to get support and sympathy on a particular issue and partial or whole truth gets buried.

Hence always think of third dimension whenever the situation arises. This enables us to be fair to both parties and we will not have biased opinion.

All The Best
Murthy
With Unconditional Love

Life is always beautiful; it all depends on us.....



"Love' Without Respect Has No Sanctity ".....

As all of us know Love has a broader meaning in our relationships. We love people in our various relationships-amongst the family members, friends, and relatives, so on. In every occasion when we meet people-it's been demonstrated in our behavior and conversations. When we love people-we need to be patient and tolerant too.

There are people who say they love (truly they must be!) However while their behavior hurts the other person as that love lacks respect. It may not be intentional-we need to exercise the patience too in every relationship-when we love them.

We may not agree their view point in a particular occasion-may be not to our liking-still there should not be any expression of disrespect to the other person to be shown. Our behavior should not be a 'seed' for straining the relationships.

In all our relationships-especially with elders-we should not jump at them-not literally-while they are talking to us. By virtue of their age-we, being younger to them-we need to maintain patience-always there is a way of expressing our view point-but not the way it hurts them.

No doubt-the younger generation are more knowledgeable in various areas than the elders and financially independent. When we love people- we need to have the tolerance and it's not necessary that always we have the last word.

As a matter of fact when we love people-please remember it's our intent and choice-not that the other person forced upon. When they get hurt they may not express it back-but they carry the pain-which we will not know and never know also!

It's obvious and fact that younger generation has less patience in many aspects due to various reasons(people may differ me-it's ok as it's my personal opinion and my observation)-however one need to differentiate their behavior within the family circle to outsiders.

One should realize that everyone is 'zero' in this world -if they have no relationships with love and respect-among their family groups itself. They may have wealth, career, job and all

materialistic possessions-but there will be a vacuum in life-which may be realized by them at a later part of their life-which of no use-as by the time they would have drifted away from their people-years back. And I am sure most of you must be seeing those characters.

Here again -like always -we have choice how we need to behave in our relationships. Sheer saying that we love them and hug them has no sanctity when that "love is missing the respect"- let's not forget that.

Life is always beautiful; it all depends on us.....



"Man Proposes God Disposes".....

Redefined

I will address as humans-in order to cover Men, Women & Special category!!!

It's surprising why women have not been objecting for the proverb/saying-where it refers only 'Man'. In order to give respect to all I addressed that way!! So that they will not say I am partial to 'male' being a 'male' (just kidding!!)

Yes-We human beings proposes-and when things doesn't happen as per our so called proposals-we simply say God has disposed-It's not so.

God never disposes-He has some other plans rather better plans-which he will execute. As we don't know his mind -no way we can know also!! We simply conclude that He disposed.

In any given situation let's do the best of our ability and accept the outcome-of course always-whatever comes. Stay positive and cool.

It's not that we are not aware-let's be conscious about it!

So next time-when things are not happening as we think- let's consider that God has different and better plans for us.

Remember it always

Life is always beautiful; it all depends on us.....



"Birthday Celebrations"

(Remember not all can celebrate!)

It's a special day for every human being for their Birthday(even for few pets too!!) This is the special occasion in one's Life (except for few billions who are deprived!)-though it comes every year. One should surely celebrate-with our close and intimate people- spend time with them, be happy for the full day with pomp and joy. And also try to do something good to the needy at least today-as we are busy for the balance 364 days in our life taking care of ourselves!

On this day many go to temples/Churches/Masjids- to worship the God- we should not forget to take care of the needy people who are sitting outside these religious places-who are with a begging bowl.

Don't get into too much of logic while you are giving them something- just do it as kindness is not a crime per se!

Besides you are becoming happy-This is what God credits to your account-not on your money how much you put into temple Hundi!!-

If God has looked at the logic He wouldn't have done so many good things to us-Right?

At the same time one need to introspect/recapitulate things-from past -especially from the Last Birthday (as human memory is short!!)-what all are things have taken place-which are important-can be pleasant/unpleasant too?

I am sure -you would have stood firmly in facing few adversaries in Life very courageously and moved on. And yet times you would have gone to lows-which are obvious for any human being-after all its Life. Similarly there would have been few happy moments taken place during this one year-which you cherish them-can be professional as well as personal.

And undoubtedly there will be good and firm learning from these events during one year period. Pick up those happy moments, learning and move forward. If you look back-honestly-things would have been better over last year -may be small disturbances would have taken

place-it's Ok-let's accept them-as a part of life-'Thodaa khatta Thoda meetha, Zindagi mei'!

No doubt God would have done many good things in our life-as we are engulfed with sadness-it is camouflaging those happy moments given by God-after all we all are His creation!!

And I suggest you to remember to write down on a paper during adversaries-what's bothering you-speak your mind on a paper. Not to my surprise-magically you feel so light and your pain will vanish automatically-you will be a better person-charged with more energy, enthusiasm and joy. And continue the same feeling throughout-day, months and so on.

Of course as elders suggest-Speak out 100% of your mind with close friends (every person should have at least one shoulder-in fact you can be that person too for so many!)-With whom you feel comfortable-it surely soothes you.

As all of us are aware that we are blessed by Almighty-where Billions of people are deprived for basic things in their life.

We have parents, sisters, brothers, lovely and adorable children-besides intimate friends, well-wishers, and few good relatives too. God has given us a lot-not kept us alone- Please value them-which are again deprived for many in this World.

And remember "Even the Life we are leading is a dream of lot many people"-Let's realize, value and understand this-don't crib for everything.

Finally there is no answer for any human being in the World – who questions- "Why to me?" Whenever adversaries happen in our Lives-None can answer except the God. And we never asks the God "why me" when pleasant surprises and good things happens to us-we are very funny, selfish and weird people.

As the age passes and every turn of birthday if all can understand and realizes this-life becomes magically wonderful without any extra effort.

Let's improve ourselves qualitatively year after year as our numbered years are getting reduced

Let's institutionalize this habit amongst us.

I hope and sure when your next birthday comes you will start doing this-if so far you are not doing.

I wish and request 'better them' whoever is already made the above as their way of life.

Better late than never

Life is always beautiful; it all depends on us.....



"Marriage & Relationships".....

Don't get excited, naughty & romantic as I am not going to write on 'pre marital relationships' The wedlock is a very important stage in one's life. It needs lot of understanding, respecting each other feelings and tastes. Each one will have their own interests of things as per their nature as they have different family backgrounds. This is where two of them require comforting and complementing each other.

Is it that 'wife' is the whole life for the husband?

Or is it 'husband' is the whole life for the wife?

Does it means their parents and family members will miss from their 'life canvases' from then onwards? Certainly not

One should understand that at this stage- priorities changes-not the relationship with their family members-where they come from!

Right from our childhood every individual has a relation with one to one among the family members with love and affection. The relationship continues and become stronger with more emotional bonding as we grow.

Everyone will grow with this relationship when they move on to wedlock which is where-another important and new relationship forms. This will be more crucial chapter in one's life-hence this relationship becomes more important.

They need to live together with harmony and love with different mentalities. And need to be matured enough to understand the other person feelings-complement them. Most of them forgets that each one have their individualities, feelings, heart and mind. Just because the wedlock one can't be forcing things on other- this will lead to friction in their relationship if we notice. One needs to adapt themselves.

And in today's world people are more individualistic in their thinking and approach-which we should take into cognizance.

They as a couple expand their respective family trees. Here again new relationship starts with their children. And for their children parents become their 'ideals'. Parents play pivotal role in the child's future as we all aware. They should guide their children on the right path. And children need to be observed, monitored and guided properly. They should not be allowed to into any vice means of attractions.

When we grow into an adult-we have friends in the college-after moving on to jobs we have our colleagues-peers, bosses and business associates. And every relationship is important in all these stages.

Of course it all individual interest& nature to continue their relationship forever-which is ideal. For few its need based relationship at every stage-including with parents and family members!! Weird!!

In order to make happiness is a way of life-one should maintain, sustain relationships with one and all-choice purely individual.

I wish all of you maintain your relationships cordially and harmoniously.

Life is always beautiful; it all depends on us.....



"Special letter from God for Diwali".....

DMy dear kids,

I thought its right time for me to talk to all of you being Diwali is big festival all over the World as my communication is overdue!!!

When I created the Universe all humans and my other creations have been living happily and selflessly. They always used to do Sat karma (good deeds-if few can't understand the meaning, it's their real Karma!!) and they never try to remember me-as they never forget me. As they feel they are part of me, hence I am with them always.

And no special requests and wishes from them for every festival, birthdays and other occasions.

As per their Past Karma (back pack) and their current deeds- I used to take care of them always. However I used to see to it that every human being will go through the normal process in every situation for their learning. It also used to help them to bring out their ability and navigate their Life with ease.

But always I was behind them to just give a helping hand whenever need arises. It's going on for centuries seamlessly and effortlessly for both sides. Things have been going smoothly and mutually for centuries!

However Over a period of time the greed and craving has kept into human beings Minds and got them polluted. Nowadays Most of the people are so selfish, they remember me only during their birthdays, marriage anniversaries, exams time, job searching time, alliances for match making time and crisis time (Please remember that I am not a need based app?)

Some people expect, even for job promotions and increment also to be taken care by Me only! And there after for their children, then for their wellbeing also- finally for their wealth and health.

As I have everyone's database with me-obviously, I can't grant every of their wishes-as I see their balance sheet (Good deeds and Bad deeds) and grant accordingly. Few people despite my prompting they do bad deeds and expect me to bail them out and do well for them- No way my dear ones!

I would like to reiterate once again to people, who are with virtues- understand that if some reason(I have no obligation to tell the reason to you) I am not granting your wish, rather delaying it for the best reasons known to me- don't stop believing me. Of course you have choice not to believe me also by using delete button!

And few people go to the extent, they discuss among their families and friends blaming Me for not doing the favor rather granting their wish. And arguing among them that why should they believe Me and stop it- and its ok for Me as it makes no cognizance to Me!

My dear kids- please understand I never compelled all of you to believe Me and never promised that whatever you want I will grant them. It's you, people are taking Me for granted- like you take things and people for granted in your daily life and face consequences too- I don't operate that way.

Will you grow automatically without input, intake and effort?

Will you get marks in your exams automatically without your effort?

Will someone calls and gives you a job without your effort?

Do you get automatic increment, performance allowances and promotions just like that the place you work for-by doing nothing?

Let's be very clear about the rules of the games in your Life.

I would reiterate that all of you do your best efforts and leave the result to me- If the result is not as per your expectations- don't blame me-as I never promised you. However I know when to do, what to do and whom to do.

Few people who have the Power, position, Ego, Wealth think that I grant their every wish automatically due to their "Position". It's foolish to think that way and also they should remember that "I Balance everything at the end". They must be seeing this with number of people who are coming back their Home to Me. Despite this if they don't understand that's their Karma.

Before I conclude I would like to mention- I have made this World for all my creations- not exclusively for human beings. Every creation of mine has a right to live happily with co-existence. It's you people become so selfish, you are eradicating most of my creations (including the Nature) thinking that it's your sole right and property that the Universe is exclusively, specially made and meant for you!!

Are you not understanding and realizing the Unnatural calamities are caused by these selfish human beings?

(It used to be Natural calamities in the formative years of my creation- as you violated the rules of my game-I am also making corrections from my end!)

I have given so many avenues (I paved the way for Digitalization) for gaining knowledge and you people become knowledgeable too. Then why you are destructing the Nature and the other creations of mine in the World?

When I said, all human beings have to live with balancing in Nature- many people mistook and balancing everything for them! As per Kaliyuga dharma I will see to it that you will pay heavy price there itself before you come back to Me!

Today being Diwali I know whole world remembers me with special requests, appeals. And people flock to the temples at their respective places and the worshipping places will be filled with crowds.

Yes, I am extremely happy for this. However once tomorrow comes to many of you (as you all know everyone in the world will not see every tomorrow-few only have the privilege) do your duty and effort- of course do all good deeds. Then I can think of considering your wishes.

If you go back to your habitual bad deeds with all the negative thoughts- when you meet Me here I will take care of you totally, not there!

I take Diwali as an opportunity to wish all my creation- and wish you to live happily. Stop counting your Wealth; by the time you realize and want to live happily I will count your number!It's good and nice to all of you if I come, wish and see you-don't think of seeing Me at my home right now!! remain and I will communicate to all of you in an appropriate time!

Life is always beautiful; it all depends on us.....



Chapter#27
Musings

"Brick n Wall"

Every wall is made with a brick (don't pull me-I know walls can be made with stones too!!) transformed into a stone/rock and become a wall-don't be scary it's not civil engineering class! In few cases just because of lack of trust or with seed of doubt-relationships gets sour. We build parapet walls and they become China wall-and the relationship is gone within no time.

In any relationship as we know 'trust' is the foundation. Besides we need to have patience, understanding and accommodating. Making a relationship may not be difficult-but sustaining for longer time rather forever-it's extremely difficult unless we have the attitude towards the other persons.

We have human prejudices, perception, jealousy, expectations as reciprocation.

In any one of your relationship-let's accept the others 'as and where is'-especially the cases where we like the persons and intent to continue our relationships.

We may not like few qualities in them-like others have the same feeling for us.

Let's not build parapet walls and allow them to become China wall. If you already build parapet walls in your relationships-please talk it out with them and break those walls. And I am sure amazingly you will be more comfortable and happy.

All The Best

Murthy

With Unconditional Love

Life is always beautiful; it all depends on us.....



"Believe in God".....

If I recapitulate all these years of my Life- I had an opportunity to meet number of people- few of them neither sudden-rather without plan nor intentionally. I always felt and believed it was God's wish and the same will be to all.

By meeting people-especially few-it brings some change within us and makes more bonding with them during that time. Time and again God proves that He watches and takes care of the sacred Hearts, our wishes and feelings.

That's why I always believe that God is always be with us-we should realize, understand and talk to him in our mind and take clues and hints! None will cross our path without the design, wish and will of the God-He is the reason for everything, of course He passes all the good things to us unconditionally!

As we know He is the Designer for the entire Universe and everything happens as per his script and wish. We are just instrumental and everything is incidental.

All of us would have experienced that we would have met few people in our life -out of few one or two would have brought something good to us.

Even He only occur the thought to us-Good or Bad. And nobody is the cause for all this- anything-good or bad happens through somebody. Good and bad is like Day and night, Joy and sorrow-both are undivided combination in everyone's Life- That is Rule no.1 in his rule book which he follows religiously, when he creates any Creature, Human in the entire Universe. Let's do our duties diligently, honestly with sincerity all the time.

As I always believe that - He gives and sends Opportunities to every creation of His- unfortunately only few realize this. All humans of His own creation are not fair to each other-but He is fair to his entire creation and does the balancing-as He likes and Loves us as we all are his kids.

*Let's have belief in ourselves as well as God.
In Bhagavad-Gita Lord Krishna says
"Mayadyakshena Prakrithihi Suyathe sacharaacharam"*

Ardhardh: Anything that's going on in this world it is under the Supreme Vision of mine"
(On a lighter vein: It doesn't mean that you should not question your boss if your appraisal has not done properly!)

Life is always beautiful; it all depends on us.....



Chapter#29
Musings

"Brand Arrogance".....

All of us have been using various products in our day to day Life. As all we know these will be manufactured by various Companies and everyone have their brand name. (Nooo....it's not marketing or sales lecture!!)

Ever since we were children we have been buying various products of specific companies only-as 'brand' made an impression in our minds. This will have an effect on our sub conscious mind too as they are registered there in the hard disc.

In fact the 'branding' and 'brand' also will benefit the individuals who are working in those companies-as individuals also gets the brand image as a rub off-which benefits each employee up to the top level.

By now all of us are aware how the companies spend crores of rupees on brand building. And each one of us has a specific brand choice for every product we use at our homes. And we have 'brand' preferences at home by each family member-that's the power of brand.

When the organizations build their brand over a period of time-in few companies-lethargy sets in and the 'branding' goes to the minds of the employees right from the top management- This will make them to behave differently rather arrogantly in the market place. And it will have an obvious cascading effect on the company- its brand image -thus takes to a downfall. Each one of us has seen few instances in our life in the market place.

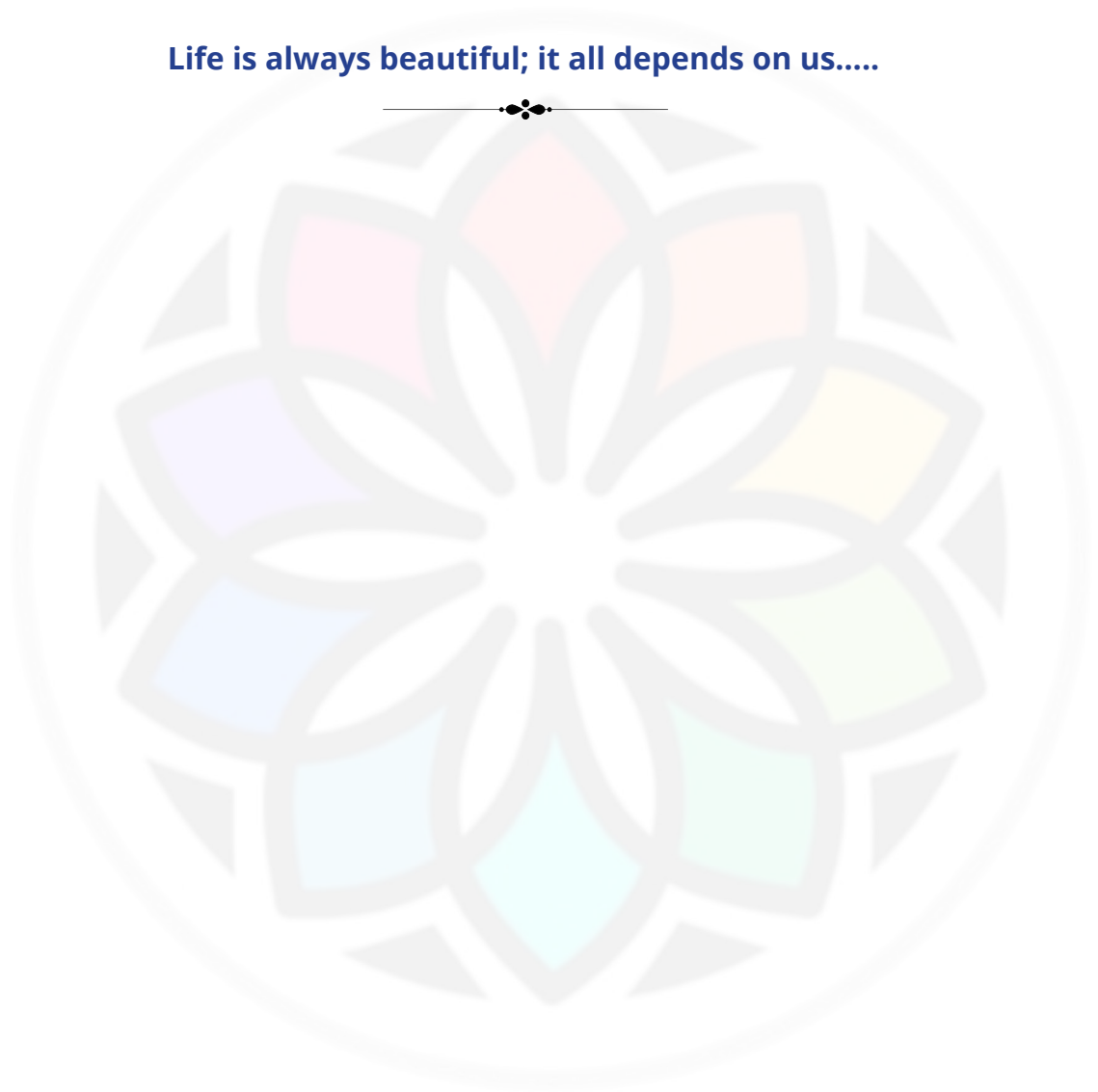
May be it will be natural for some companies to fall in this category as few human beings tastes success in their professional life-they turn to arrogant and the behavior starts differently. In fact it's not the 'brand' got the arrogance-it's their management and employees (rather human beings) got the arrogance to their head and added 'their arrogance' to the 'brand'. And few of them behave in a similar way at a personal level too-which will also affect their career as well as lives.

There will not be any downfall for any company which is hawk eyed in their operations, process & proactive. They observe consumer behavior and they envisage things always.

I have observed few companies and people how they suffered due to this brand arrogance. And few of them have vanished from the markets and most of you too seen the same. It's a fall not only to the organization and also each individual and few families.

Let's build our brand and sustain-not 'brand arrogance' -enable us to be good individuals as well as good employees-so that companies can flourish forever and it will affect them positively.

Life is always beautiful; it all depends on us.....



"Relationship is a Tissue Paper for Few".....

There is no dearth for variety and weird people in the current world with the 'world of selfishness in tons and tons.'

In today's world there are umpteen opportunities available for this generation-unlike good olden days (still I call olden days are good-undoubtedly-as there was no polluted hearts and minds& relationships were very dear to all)

Even in the middle class- parents nowadays are spending money for their children and career. In few cases their friends have been supporting them financially as well as emotionally in their journey.

When the children grow and get into the good positions in life-everyone feels happy- including their relatives, friends -as their support was not selfish and it's unconditional - along with their family members.

In this younger generation-few of them- are forgetting their past and roots -of course in few cases even they forget their parents conveniently .It's not a sweeping generalization I am making in this regard-so no need to jump at me!! But I am sure this write up is like a Mirroring their images accordingly- And they behave as if they have just landed from Mars-though we know there is no habitat in Mars!!

It's the reality whether someone likes/accepts or not with few people in this world and I am very sure-few of you will agree and endorse my views. They don't have the word 'courtesy' in their dictionary-'gratitude' is Greek and Latin for them!

I will drift away from the subject for a minute for some relevance:

Sometime back when I have written on "relationships are need based"-lot of people written with following comments

"Are you writing about me?"

"Do you mean about that person?"

"Yes-what you written is absolutely correct"

"I am not like that-I maintain my relationships without any need"

"I maintain my relationships very naturally"

Of course I have written back to them saying that the write up was a Mirror-where each of us could see our own, naked and true image.

Now I come to the subject-sorry for the drifting.

What did they achieve and conquer?

What's there to be proud about?

There are so many people in this world who have come up in their life due to world of opportunities- domestic as well as Overseas-still can be humble. And their wealth is going to be with them-no need to give to someone-nor others expecting anything from them -as nobody has the need or necessity to 'want it'. Simply they can be nice to all-without any attitude!

Are they contributing anything specifically to the Nation or to the World to feel proud and behave arrogantly?

Just they become so selfish and self centered-they live with a feeling- that they don't need to give any cognizance to the existence of the people-who were with them right from their childhood.

They are one among billions of people living in the world similar way-and they are neither special nor unique in their character-nothing but adding to the voters list. It's earlier the better for this realization-for their benefit!

As a matter of fact there are so many people who are so modest-even though they are great in their life. They are down to earth without any airs and with all humbleness. And I am very sure few of you would have come across these sorts of people in your life.

I always believe in the saying 'the people who forgets their past and roots go to history- not they can create a history'!

Choice is ours-let's make a best choice and make some purpose of life by adding value to all and every relationship.

Note:

Number of people shared their experiences and pain-which made me to write on this subject. Though I told them only few of the younger generation is behaving this way.

The idea of writing this is with a hope that -it will surely hit someone's conscience-at least one day.

Be happy and make others also happy

All the Best

Murthy

With Unconditional Love

Life is always beautiful; it all depends on us.....



Chapter#31
Musings

"Today's life in the digital world ".....

Thanks to the Social networking sites-all of us have become preachers-Motivational gurus/ and become great forwarders- (the person who forwards-new word coined?) We keep forwarding and posting excellent quotes, moral/inspirational stories, patriotic incidents-what not? We do it for everything beneath the Sun! No?

Everything from our Smartphone!! 'Itching wo-men-ia'!!(It covers women and men- as all are equal! I am impartial!!)

All our internal skills are coming out!

It's like a volley ball player-who will not keep the ball even for a fraction of a second (that's the key of the game-apart from hitting to the other side of the ground!!) Nowadays storage space runs out in a day itself (I know we have option not to download every damn thing- still!!)

In fact -as per the recent survey (even in India-haha!! It's in India only dudes! Who the hell in the world soooooo obsessed with Smartphone usage!) No wonder India has become third biggest market for the Mobile connections after China and US- and soon we will be dethroning US from Second place by 2017-may be 2016 itself-at the current speed. I am sure Americans won't crib and make a fuss about it-unlike they make little murmur and Visas for 'Foreigners' (read as Indians!!) Apple is one of the major beneficiaries!!

So one should not get demotivated looking at Satya Nadella and Sundar Pitchai-sitting in India we are also bringing India on the World map!! Isn't it great?-let's pat ourselves.

And Airtel become 3rd biggest Mobile operator in the world-congrats Mr.Mittal (Of course it's two months old news! Just for the benefit of the general public-as I believe in knowledge sharing!)

I am sorry for drifting away from the topic which I intent to cover-I have weakness of losing out from one to another and many of you are aware!!

It's not an exaggeration-nowadays everyone's day begins with whatsApp-(It appears they have 90 crore users in the world and in India they have more than 7 crores! and its increasing day by day naturally!!

It may cross more than the human population-yeah!! Nowadays people are so busy with Smartphone where the time for the productivity at homes is? What Government could not achieve in family planning –smart phones did it very smartly& swiftly!!) Smart phones zindabad!! Those were the days we used to get up with the sound of alarm clock-now with whatsApp ping! And few check up in the midnight for messages!!

And we receive so many forwards (of course we also forward those forwards in a fraction of second-it's a different matter.!

We come across jokes, Gyans, images, spoofs, weird notes and moral/motivational stories.

It's happening even in work place-as WIFI is free and it's available everywhere. (Smart phone has become more important than a girl/boy friend or Wife!!)

How materialistic things are dominating the humans and we started ignoring humans and our relationships. I don't think God can help us as He is seeing people operating smart phones-while doing parikramas and during darshan time also in temples. And top it all God is watching us through Skype!!

I read somewhere that this is invading into the offices and affecting the employee productivity-and Management thought of controlling. When they have done the scrutiny after hawk-eyed monitoring- they discovered most of the employees are on line- into whatsApp and FB besides other social networking sites.

They are Omni present-including the Senior Management- When they understood it's just next to impossible to control-Senior management send a message to HR saying that its increasing the motivational and productivity levels-at every level!!!(Ha-ha) Senior Management always intelligent!!

In those days when the family members sit together and used to chat-now we are doing the same chat thru phones-from the same home. Hardly have we time to talk amongst ourselves-we are into virtual living!

Please beware the day will come we will forget talking and have no clue what to talk with family members. And we may think who are they?

Let's enjoy smart phones-without costing human relationships

Life is always beautiful; it all depends on us.....



"Gender Discrimination!"

In the olden days parents used to discriminate between a daughter and son and even family members too. All the foundation lay at a child level itself. And one can imagine the girl and boy was brought up in that atmosphere how their minds would have been formed and how they must be behaving no sooner they become elders?

Most of us would have seen this and few would have experienced in their childhood-who are now elders.

This outlook has been changed comparatively however it can be seen in few families even in these days also.

Parents and elders in the families identify certain works to be done by only girls-not by boys. This sort of discrimination will make the girls to be submissive and suppressive. One can imagine their feelings and attitude when they grow under this atmosphere. Same case with boys- they feel superior over females when they grow up and show their attitudes towards the womenfolk at large.

As the saying goes charity begins at home- seeds are sown at home-I appeal the parents to bear this in mind and don't show the difference between your son and daughter.

All over the world women are working in high places-running the Transnational Companies and heading Countries. And they are competing with men in every arena.

In this digital age things have changed to the large extent. However still there are few parents feel and behave conservative with narrow outlook.

I request those parents to change their outlook.

This attitudinal change from the conservative thinking of the parents will make a great difference in the future to their children and world at large.

Life is always beautiful; it all depends on us.....



"Generation Gap!".....

In The above words are very familiar to all of us since decades-for every generation of people and also it's a buzz word in every home as it's a major issue.

Let's touch upon this subject-if not delve into it:

In my opinion "these words" should become redundant in the years to come-especially in this digital age-I am sure it will!

As all of us know these words would have born and come into existence from olden days-discovered and coined by elders only-who were certain extent rigid -not flexible. May be they were also right in a way -the way in which they have been brought up, dealt by their elders and parents were different!

When their children are behaving differently with them in day to day life-naturally they compare their childhood and recollect that how they were with their parents as well as elders. There will be a definite comparison obviously and they see a striking difference in their children's behavior.

The way in which they were brought up during pre- Independence days- Things were different, priorities were different-even for the people who were born after 1960s and 1970s too-rather post Independence.

Obviously – In these days there is a way to deal with children, especially-in the digital age- This is an information age and people are more knowledgeable.(even less than one year old kid operating Smart phone-and parents feel great and proud about it! ironically)

Everything is changed- so much of an exposure with every information is available on their fingertips (smart phones, rather apps!! and Google-what not?) Few people are living in virtual world!

When there is so much of advancement is taking place- the passing generation-Parents -should adapt themselves to the changing world. Of course the core values and cultural pillars have to be protected and they should be explained to the younger generation.

As elders-they can't simply enjoy the scientific advancement and technological benefits on one side on the other side should not curse, criticize the world at large-as it's not going as per their expectations!

This is similar to the adaptation of the latest technology and handling latest gadgets- one need to adapt with the changing times and with changing younger generation/mentalities. Their thoughts, priorities are also changing very swiftly-due to the technological advancement-which can't be ignored.

Those who feel superior to their parents and elders- can be ignored.

One need to accept that the younger generation are more knowledgeable, have more exposure towards life, learning, the capability and competence of handling things. And the fact is that they have been going through a tremendous stress at every stage of their life-unlike olden days.

Besides this- to large extent- the major reason is for the younger generation is-financial Independence. They are no more depending on Parents wealth and money-even support. This will change the entire paradigm of thinking with the younger generation in the days to come. And we are already witnessing with them nowadays in every family!

At the same time -even younger generation should respect and understand their parents, elders. And appreciate how their parents are adapting to the current days requirements- need to balance from their side. It's two way too. It's not that they can conquer the World alone-independently-without the emotional support systems-like-parents, family and friends.

They should remember their existence and whatever they are today in the world is due to their parents and their well wishers. They should have courtesy at least-as 'gratitude' is not in their dictionary- for a few in the younger generation!

In fact nowadays the so called generation gap could be seen in 4 to 5 years time itself-thanks to the exposure to the media, technology, gadgets and the World at large. The current generation kids are very quick to learn, explore even new gadgets (even at less than one year of their age!!)-even Scientists though baffled-conveying that it's not at all good trend and in fact they are cautioning the parents!!(Who will listen nowadays?)

It's just a question of adaptability from elders and respecting values, balancing- for younger generations. Once both are taken care harmoniously- there should not be any generation gap and both the generations can lead their life peacefully with cordial atmosphere at homes with

better understanding by complimenting each other. As a cascading effect we can keep our neighborhood also happy.

As the saying goes "history repeats itself" the current younger generation may have to see more cultural changes in the years to come with their children while they are growing. They need to be proactive when they don the roles of their parents and their age!!

All of you are well aware of the above changes and requirement for each one of us (people of every age)-what matters is how one can handle when the situation arises!!?

**So-folks-elders as well as youngsters-please bear in mind!!
And make your life enjoyable and others too always.**

***Note:** I have seen in few families-though their Parents are adapting to current trend -their children are not taking care of them-due to the attitude, arrogance and selfishness- In those cases my write up doesn't apply- as the problem is from the younger generation! (And they will be laughing on my writing also-if they come across-doesn't bother to most of us!!)*

Life is always beautiful; it all depends on us.....



"Diary and God !".....

In olden days-few of us have the habit of writing daily events in a diary? In the advent of digital technology those have become obsolete. All of us can write our diary at the end of the day -whoever has this habit still-we can't write dairy for tomorrow- at the best we can only 'plan' tomorrow.

But God writes our diary till the last page- The end!!

He has given us the first page and kept the last page with him-Lets write all in between pages in this diary beautifully. Be an artist, take this canvass and paint it beautifully day by day. As time passes, it should look incredible to us-Whenever we go back to the old pages.

We should get a feeling that we have not wasted our life -but made a purpose of it. Besides this -make 'happiness is a way of life' and be happy every moment while we are going through our life. None have clue whether we have 'tomorrow' or not- till we wake up every day!!

When we are getting up with the noise of an alarm clock or whatsapp ping every day-(nowadays most of us!!)- First thing we should do is thanking the God for giving us one more day for us. As we are not getting up because of alarm clock-we are getting up because we have life inside us!

Can a lifeless person get up with alarm clock beside him?

As we don't have the habit of writing diary nowadays-instead-let's introspect before we sleep every day. How the day did go and how it's ended? If it's giving a happy feeling within-you made the day-even for others too.

Similarly when we are getting up daily-while thanking God-lets determine to make the day good.

When we do both these activities-I am sure we will not have any worry about the last page of our life- surely we have written our life book beautifully in every page and leaving our foot print before the last page comes.

May be our Life book can have more pages than a short story book-if we have this attitude!!

And God will surely write our 'every tomorrow' very beautifully.

May be- we will have the ability to write our diary for 'every tomorrow' also!

God has given the opportunity to all. It's our 'choice' and 'will' how we write our diary?

Life is always beautiful; it all depends on us.....



"Myths and Perceptions!"

Whatever we are today is the manifestation of our Perceptions and myths. We have been growing-right from the childhood with perceptions of our parents, elders and surroundings-as they were impacted in their child hood and were brought up.

Same will be having tremendous influence on all of us-like it had on them-thereby we will have our own perceptions!!(Its cascading effect)

They are the key influencing factors in every one's Life. As we grow and become more aware about the worldly things- where we will be able to differentiate-distinguish between good and bad-we improve upon in our thinking and attitude-progress ourselves.

More than anybody else-the parents and our family members play a pivotal role in every child's Life. Every child-while growing- will be observing, mimicking, aping and following them-unknowingly- it can be good or bad.

(That's why once Swami Vivekananda said to Parents" Don't worry if children are not listening to you-Worry they are observing you")

Basically everybody during our childhood-as a child-was good, innocent, without inhibitions, egos, & apprehensions. (Not that we all are bad now after we have grown!!) Gradually we will get influenced by the surroundings, brought up, the company we keep-while we are growing. And to a larger extent our minds gets conditioned.

We will start looking at the world with our perception and outlook-not necessarily it will be the reality. And we forget the point that others also looks at us-perceive us-as what they want to and wish to!!-Again their perceptions- confusing?

Even after growing-few people have lack of portraying/presenting themselves to the world and the way in which they speak, behave (in reality they may not mean it!!) it may give a negative feeling to others and those will be concluded accordingly-by others.

Few of us have a nature to keep quiet in certain situations-which makes the other person to conclude on us (again as per their perception-due to our silence or not responded appropriately) It would be advisable to speak out, respond to make our point, understanding to other person. This will not only help us that the communication has been made to other person completely- but also will not give an opportunity for them to conclude on us differently.

(During my professional life this was one of the major observations I made and tried to make awareness to few at my level)

In order to come out of this cobweb-of perceptions/myths-we need to mingle and spend time with people who are knowledgeable and positive. This will improve our horizon-besides gaining right and positive attitude towards things and the world at large.

Most of the people-rather majority- of the people are not into the habit of reading-excepting news papers. They would rather always busy with daily routines and mundane things. Let's cultivate the habit of book reading-book is a wonderful companion-besides gaining knowledge. It makes hell lot of difference, not only to us but also to the society, surroundings, at work place, home-if we develop and cultivate the reading habit.

It will enhance our thinking and analytical ability apart from knowing things-as a cascading affect it helps us to have more awareness of perceptions and myths-as few books deals with these subjects too. Of course in today's digital world everything is available with one click!

Let's make an effort to come out of these myths& perceptions at the earliest. Then all of us have a better understanding how to deal with people and the world at large- and be happy always.

And automatically we will become good in Man management skills also-which are very essential in our jobs and in our daily routine.

Life is always beautiful; it all depends on us.....



Chapter#36
Musings

"Sprit"

Have spirit in life –not outside spirit!
Be spirited- not that spirited!
Have high of spirit-not in the spirit!
Always be with the spirit-not 'the' spirit!
Have world of spirit-not to have all the spirits of the world!
Be spiritual –not be spirit ritual!
Fill the mind with spirit-not the body with spirit!
Enjoy the spirit within- not 'with' and 'in' of spirit!
Be a most spirited man
You have spirit inside- don't need outside spirit
Identify the internal spirit-don't buy external spirit
Universe is full of spirit-Don't fill the spirit!
Every individual is a spirit in the cosmos-don't add spirit!
You yourself are a spirit
Take all above with positive spirit!!

Life is always beautiful; it all depends on us.....



"Problems and Fears"

Any problems in our life are temporary- what's more bothering us is the fear about the problem. Here the 'Problem' is not 'the problem'- the problem is 'fear about the problem'

Whenever we encountered a problem-let's not get tensed up-stay cool. And allow the mind to sink in the problem-once you give the required time-your mind itself give the solution-it has the capability. We need to allow our mind to think-after all it's our mind lets use it!!

Once this process is done you yourself get surprised thinking that 'where all these ideas were hidden?' And whatever you thought is a problem a moment ago-vanishes from your mind and solution appears.

How did it happen?

Can you imagine a life without problems and challenges?

If it's not there- how our mind get sharpened and we improve our skills? Yet times it so happens in life-for few of us-life will be continuously tough for some phase of life. We are nobody and nobody can answer this!!

Whenever we go through any problem, crisis- we go through an experience also-besides the pain. It all depends on individual how he/she takes the feeling of that experience besides solving it.

This will differentiate the 'person from others' at a later part of their life?

All of us are aware even the Diamond before it gets to the current shape and shine- has to go through so much of grinding. After going through the entire process -which is very tough -it attain the 'shine and value'.

Diamond before it gets sharpened and grinded it was a stone. So much of process it's gone through before it becomes a diamond which will be more valuable 'rather invaluable' yet times. As all of us aware and experience in our life that Problems are temporary and never stay with us permanently.

If we fear of our problems they become our shadows. Then we get influenced by them and they appear like ghost get magnified.

Just throw some light and thought on the problem-it gets resolved

Life is always beautiful; it all depends on us.....



"Fun with Reports".....

When we born it's a 'birth report' and we started growing from days to months there is a 'growth report', Doctors asks our parents to maintain 'vaccine

report' and with the complexity there is a 'health report'.

All these 'reports' are given by the Doctor as 'doctor's report'.

As a child when we play outside, make mischief-There will be a 'neighbors' report'. Our parents will try to get our 'friends report' on this-just to cross check!

When we start going to school there is an 'attendance report'.

And teacher will give 'marks report' against our exam results.

When we progress our growth-there will be a 'progress report' from the school.

When we bunk school teacher asks for a 'leave report'-

If the leave is due to illness we should get 'doctors report' for 'sick report'.

If it's proven wrong/mischief there will be a 'teacher report' to our parents.

If you are doing abnormal things and naughty with girls there will be a reporting to parents on 'conduct report'.

Our school education ends with a Transfer Certificate and Conduct Certificate.

For a change they are not called 'reports' some relief!

When we join college

All the world of intelligence and cleverness will come handy here skillfully.

Even we bunk college-there will not be any 'absent report' as we knew how to manage attendance!

And there is no 'progress report' problem as by then we learned the art of forgery-Signing our dad's sign-with ease.

By and large there will not be any anxiety of 'reports' in college life. As we do not give cognizance for them- nor parents have time to ask for reports!!

Once we complete our education and getting into job-reports are back in action in our life!!

There will be world of reports irrespective of the job we do in any company-with a little variance

MIS report

Daily report

Monthly report

Quarterly report

Annual report

Performance report

Appraisal report

And these 'reports' will be with us till retirement!!

Reports are our shadows in our life-they never leave us-like Hutch dog!!

Make a good 'Life report' and have a fun -not 'funny report'

***Note:** If I missed 'any reports' here 'report me' with a 'detailed report'*

Life is always beautiful; it all depends on us.....

"Megha Sandesam".....

In ancient times people used to send the messages through birds -especially through doves. And few poets have gone to the imagination and written stories describing that the lovers used to take the help of 'Meghams' for sending messages between them.

In olden days -around 40 years ago! In Telugu films (Malleeswari) both lovers send their messages through the clouds-in a song-which is a very popular song (Oho meghamala) even now, and lot many songs, are there in other movies of course subsequently. It's there even in Hindi Films umpteen songs.

And another film was made more than a decade ago in Telugu title "Megha Sandesam" (Megham means cloud and Sandesam means message)

It's called "Megha Sandesam" (cloud message)

In the advent of the digital technology we send messages, chats through mails, FB, Twitter, whatsapp... And of course so many apps and mediums...

One thing interesting is all above are on "clouds"- That's what folks we call as 'Cloud technology'. Today everything is on cloud only.

The writers of those days were so imaginative in their literature and lyrics which is now a reality-in the name of "Cloud technology"

Even nowadays lovers are texting their chats through "clouds" only.
(Megha sandesam)

Zindabad clouds- we are using you and storing everything in clouds only.

Thanks to clouds for doing this as a value addition besides bringing rains to us!!

Life is always beautiful; it all depends on us.....



"Possessions".....

All of us have craving for materialistic possessions in life. And our needs are unlimited. One is fulfilled –other will be in the queue and it's never ending till last-they don't last till last!!

The amount of enthusiasm, interest we have towards possessing something- after possessing- the feeling stays for momentary -days or months probably.

As human beings we have 'world' of craving and love for 'worldly' materialistic things - Of course my 'words' are limited and my 'world' is very small in this big 'world' but I have bigger 'world' within.

It's not wrong to have the feeling as well as possessing things. After all the driving force in our life is this 'urge' only. But in this bargain we should not miss the truth, human element and relationships.

There are people who give top priority for materialistic things and possession in their lives. Neither they are permanent with them nor are they permanent. The 'things' which they have possessed from 'someone' will move away from them too after some time-again to 'someone'. It goes on and on....

We have possessed something from the "possessor" and 'currently' we are the owners-Someone will become owner after few years. Hands will keep on changing.

The irony is after seeing all this they think 'things' and 'they' are permanent!

I will narrate a small story which is very relevant for this topic.

During Adisankaracharya time (Kaaladi in Kerala):

People used to worship Adisankaracharya as a reincarnation of Lord Shiva. There was a person who is a trader with lot of richness used to live in the same village. He also has the trust and belief on Adisankaracharya and worships him.

But he is a very miserly person. The other devotees go to Adisankara and request him to bring change in him.

During one of the visits of the Trader to the Ashram-Adisankara gives the trader a 'small needle' and asks him to bring along with him after his death and give him back(as people including the trader believed Adisankara as a God)

The Trader gets baffled and looks at Adisankara with a puzzled face. And asks him
“Swamy, how can I bring this needle after my death? You very well know that no one can take anything at the time of death”

Then Adisankara smilingly tells him
“When you know that you can’t bring such a small needle- How can you bring all your wealth along with you when you die”

That made the realization to the Trader changes him and started spending his money for noble cause rest of his life.

The story is not new to many and would have heard similar stories. And also we know we are not permanent here. But we have the craving for all the attractions and materialistic things of this world.

Why we forget to realize the simple truth of Life? Moha, Vyamoha and Maya!!
Let’s enjoy all the possessions and be happy in our life-but with “detached attachment”.

It’s good and easy to say-at the same time it’s not difficult to practice also!!

Life is always beautiful; it all depends on us.....



Chapter#41
Musings

"Let's not Compare Our Life With Others".....

At the outset comparing our life with someone is an insult we are doing to ourselves. In God's creation everyone is unique at their levels and we will have to make a purpose of it.

However comparing with someone is in our nature and blood from ancient days-It starts with our parents when we were children!!

It goes on at every stage of our life. We would have felt-yet times- wretched, bad and frustrated!! Having gone through the horrified experience why we few of us repeat to our children?

As we have gone through this experience should we need to treat our children same away as we are parents now?

Even in this digital age most of the parents compare their children at every stage with others-which is absolutely not correct.

We all are aware that every human being has their natural intelligence due to parental back ground, brought up, circumstances, environment and lot many other things... and the list is endless!

We are the culmination of all above! Don't forget to remember this!!

Few had their own struggle while they have been growing. After so much of struggle and turmoil they would have come up in their life -studied well, worked very hard, acquired good job, wealth etc., and one should not envy their current position-without having an iota of clue about their journey.

When we envy their position-first we need to know their backgrounds, journey- and should prepare for the toil they would have gone through in their journey-if it's so!

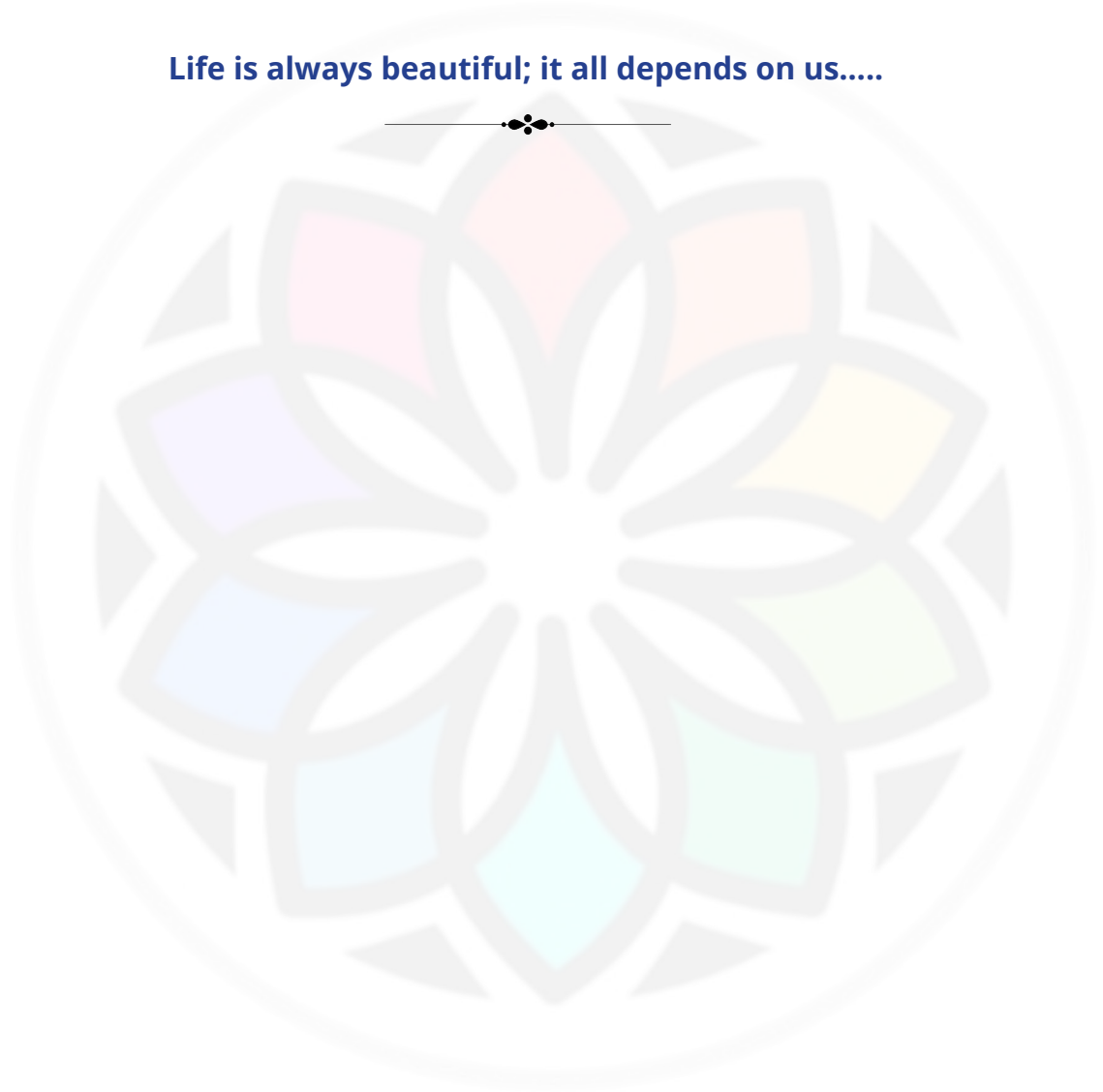
Are we ready to accept mentally? Generally No with most of us

By comparing our life with others we are trying to live someone's life-not ours. By virtue of this we are not only insulting the Creator and also wasting our valuable life given by the Almighty. We always look at the finer side of someone's life, feel jealous and envy - 'envy' and 'jealousy' stays with us permanently!! Which many people never realize.

And also please don't reduce your worth and value by comparing yourself with others.

As the saying goes "every person you know-there is another person in him whom you don't know".

Life is always beautiful; it all depends on us....



"Don't Respond to Your Past"

All our past experiences, encounters-good, bad and ugly -are stored in main hard disk (sub conscious mind). And often most of us try to travel there-like zombies- in a soliloquy and gloomy mood-rather our mind takes us there.

Whenever we are in melancholic mood-similar events of past which caused us worries which are locked in our memories-attracts us to give them the company!! And we fall for the trap!!

Your past will call you-but don't respond to it. This will not give any solace to us-except aggravating our current worried situation. Due to the 'State of Mind' in that situation we are pulled towards it magically!!

It has to become your choice to call the past for the moments of joy-when the past calls you about sorrows don't respond to it. Realize the difference!

Few people are happy to live in the 'worried past' and keep on digging the past-though it sounds weird-it's true ironically-always they dig the past and dwell into it. As we know- it is we have to be happy within ourselves every moment and it's our call.

When we had bad past what's the point of living in the past and screwing up our current happiness?

When that past will not give any happiness why do we have to call upon rather we respond to it?

Don't spoil your 'present' taking to the 'past' worry the 'present' also carry to 'future' and worry forever in your entire life.

We may have bad situations in our childhood and subsequently too. Let's live our present and current life happily. There is no point of blaming the people and the world for your unhappiness and crib in the balance of your life.

Please realize that no one is a cause for our unhappiness-It is we-the way we take, feel and store in our mind causing all the worries and unhappiness.

You can do nothing from the past except learning. Just move forward to the future from present if you want happiness.

Let's be aware of this and conscious about this forever. Don't try to search for happiness-it is within!!!

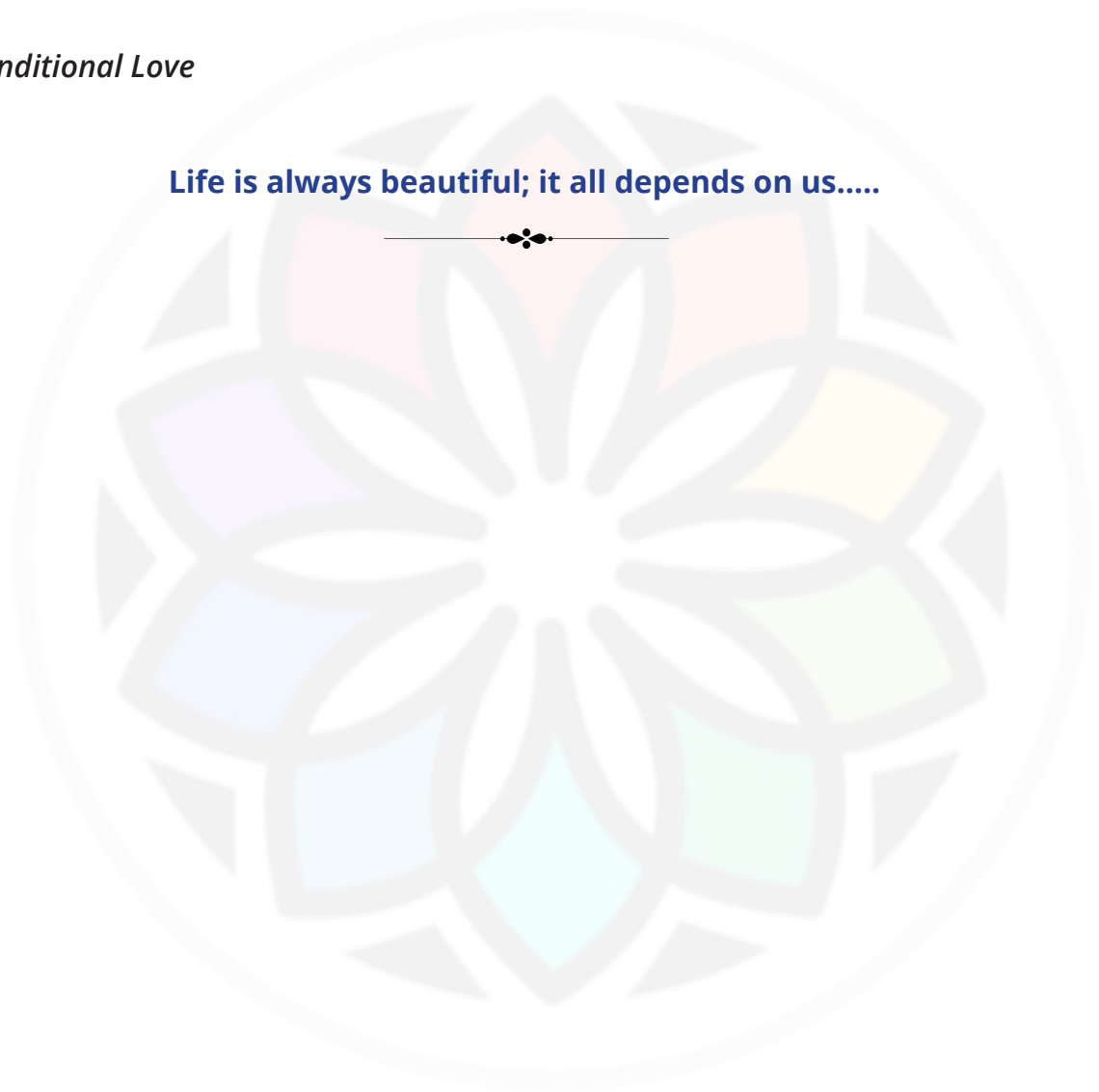
Positive people don't stay in past they live in present

All the best

Murthy

With Unconditional Love

Life is always beautiful; it all depends on us.....



"Power of State of Mind".....

As we all know the basis for human life is 'thoughts'. The entire journey of every one's life revolves around 'thoughts'- As all our thoughts will become 'things' with an effort and action. When our thoughts are good and positive we feel happy whereas when our thoughts are negative rather not good we feel bad and unhappy. Despite that the thoughts wouldn't have become into things-still we have those feelings.

Why so?

It's all because of our 'state of mind' which is the root cause for all of our worries in the life. Whenever we encounter a problem our mind gets camouflaged with the fear and worry- & makes us to go to a typical state of mind. This state of mind of ours will not allow us to think at all and keeps us in a 'state of worry'.

Our experiences in our life in those situations- we discuss with our intimate people who generally able to guide and advise us- Suddenly we get a feeling that why we couldn't think of this way and why that thought has not occurred to us!!?

The reason is our "State of Mind" in those situations.

We lose our ability to think beyond due to our 'state of mind' and we imagine bad only-which causes us worry.

And also as a nature we imagine things in a negative way in most of the situations- Surprisingly in majority occasions-things turn out to be good and it will be a happy ending!!!

What's the logic? Things are falling in right place as per the time.

The most important thing is to make our 'state of mind' as always positive-against all odds-Then our mind will be always 'clear' and will not allow any fear and worry. In turn this will enable us to think, look for solutions and they get resolved with ease!

I am sure you all will endorse that every one of us would have gone through these situations in our life-it all depends on us how fast we come out of it and make our life happy forever.

Making good thoughts as 'state of mind' is the key to happiness.

And I shall guarantee you this.

Just give a 'thought' and feel the magic.

Life is always beautiful; it all depends on us.....



"Fear of Unknown"

As The word 'fear' plays an important role in human life in various contexts. The person who does not succumb to this will be a winner. Now I shall be putting my point of view on 'fear of unknown'.

Few of us never try new things, never talk to new people, never go to new places, and never try anything new- list is infinite!

The root cause for this is –surprisingly-as we lodge-the 'fear of unknown'- in our sub conscious mind very strongly during our childhood. Whenever new things are encountered, this feeling arises from our sub conscious mind very promptly and puts us off- It work like an auto remote control.

The people who have this phobia will never be able to come out in their life-as always they get fear of unknown area and never try anything new. Hence it's very essential to understand and aware of this.

No sooner we realize and make our mind to change from this habitual response from our sub conscious mind-things will become clear and we can come out of this phobia of 'fear of unknown'.

If all of us can recall as it would have happened to most of us –whenever there were questions posed by the School teacher-we always was apprehensive in replying-one is fear of unknown other is fear of rejection (we will discuss on fear of rejection some other time)

This is also one of the reasons we will be apprehensive in mingling with people and with crowd also.

While reading this article one would have recollected number of instances they would have encountered these situations in their life. And most of them would have come out of this phobia and few are still under the influence of this!!!

In fact we can easily make out the people in our interactions and categorize them under which segment they fall under. However the people who are under this influence are well aware and they will find it difficult to come out of it due to various reasons. It's for sure unless they come out of it on their own; they will not be able to grow in their overall personality.

Please don't forget to remember that fear is just a 'mental exercise' done by our mind-which is not a reality.

It's very apt to conclude with old saying

"Fear knocked on the door, Love answered and no one was there"

Life is always beautiful; it all depends on us.....



"Happiness Mantra".....

HAVE GOOD THOUGHTS
THOUGHTS SHOULD BE STRONG
AND POSITIVE
MAKING AWARE OF OURSELVES
INTROSPECT
REDISCOVER YOURSELF
ANALYSE&DRAW AN ACTION PLAN
HAVE A STEALY DETERMINATION
BEGIN TO CHANGE
TRANSFORMATION
THE WORD OF 'UNHAPPINESS' DISAPPEARS

Not only will you be happy. Happiness becomes your Way of Life!!!

Determine to be happy in the New Year-you will!!!

Life is always beautiful; it all depends on us.....



"Bore Routine, Monotony".....

We often here from people that their Life is becoming bore and routine.

Is there any human in this world will do a different job every day-Are we doing a job of driver one day and become a conductor another day?

We know its' impossible.

When we pass through the phases of our life-right from the time we born- the process is the same till the last breath. It's up to each individual make their life interesting. When all the jobs or our works are routine- it's we- need to make it interesting.

Let's break the routine and monotony- Just rearrange the routines and prioritize things. Besides what we do routinely as a student or an employee-for that matter anybody- identify and discover what other interests & passion we have with in.

Let's nurture them, improve upon and institutionalize them as part and parcel of your life. It's not necessary that everyone will have the same interests what we have.

Let's share our ideas with likeminded people. And learn new things from others who have interest in different fields. This will make us more knowledgeable too.

Once in a while break the routine to avoid the monotony and get rejuvenated. It all depends on us how to make our life interesting and happy at every age and stage.

Once we stop using the words 'bore' and 'monotony' we find life is more interesting and becomes happy.

Life is always beautiful; it all depends on us.....



Chapter#47
Musings

"Life is Tough not Impossible".....

Nothing is easy in life- one need to work hard& nothing comes to us in a silver platter. The results are purely depends on our hard and smart work. In olden days hard work alone used to pay. But In this competitive world one need to be doing smart work besides hard work! We should be like our Smartphone's!!

By mere sporting a Smartphone-we can't be smart.

Even birds and animals in the forest struggle every day for the food as well as for their existence. And they need to be swift, fast and alert for their survival-for them its' a daily survival!

In the forest as we know the fastest will survive and the slowest will become prey for other animals. They are under threats every second-un like us. They need to count every minute and every day for their survival-as the animal justice is- then and there itself-for each one's survival. Nature advertises and demonstrates herself to the mankind if one can observe.

Let's develop the capabilities to survive in this world instead of blaming our circumstances and cursing ourselves. Take every crisis and problem into an opportunity instead of worrying about them. Whenever we encounter a problem-let's thank God for not giving us multiple problems-unlike millions and billions of people are in this world surviving rather struggling to survive in this world-every day.

After all God has given not only the brain to us but also given thinking ability!!

(It's a different matter that everyone will not use their brain!)

And also let's not get into the trap of self-pity and looking for sympathy from this world. We are born to struggle and succeed in life. God has created all of us for a purpose and given all the ammunition required to live this Life happily against all odds and challenges. He provides us resources too -around us-we only need to just spot them!!

In fact “best of us” will come out when we are in real trouble and crisis only. When the Life is routine every day what’s the excitement we have? Be bold and be courageous- confront all adversaries, negotiate them with ease-turn into a ladder in climbing up in our Life.

Lastly most of us are living in normal & comfortable conditions with all materialistic things and enjoying.

Out of the World population of around 720 crore people it’s estimated that more than 600 crore people are struggling their life every day-we are lucky and blessed as we are not in that category.

Please think of our Armed forces and BSF- especially the Real Men of Indian Army who are at Siachen Glacier which is highest and toughest battle ground in the World. We all are enjoying our lives at the cost of their tough living and few leaving their lives there itself.

So let’s not crib whatever God has given to all of us and have Gratitude. And also don’t cry for whatever we don’t have

Life is always beautiful; it all depends on us.....



"Soul Mate".....

As human beings we will have all emotions-which we express with various people in our day to day life. All these emotions are felt and triggered from our mind-it's psychological exercise by our mind. By nature someone may be an introvert, someone may be an extrovert, someone are balanced and few will be possessive & assertive.

We have all varieties of people in this world - we are one among them-part of that variety!! In the first place we should know how to deal & react with people-especially when we are under the influence of various emotions in different situations.

Right from the journey of our childhood we will have various relationships- besides with our family members & relatives- with our school/college friends, colleagues and we encounter various situations too.

As per Psychologists one need to be expressive about their inner feelings-

Remember to express-not to suppress.

Here is the catch- Due to our nature and our own perceptions few of us behave and live in an isolation-which is not at all healthy for our mind and heart! It's not at all advisable to keep everything in our mind and rattle the heart frequently.

We need to develop one of the persons out of our relationships-as a 'soul mate'- with whom we have intimacy, trust and belief. That person can be a family member, school or a college friend, colleague or a well-wisher-he/she can be anybody.

It can be strange and surprise to note-certain times a stranger becomes close to us, we develop trust and believe them-it happens in life to few of us- they have a purpose in meeting us- it's destined!!

As a human nature majority of people doesn't share 100% of their mind, thoughts, to anyone-including with their life partner! No surprise at all! It's a hard reality-which each one of us is aware-let's not fool around with our hypocrisy.

The common understanding for the word 'soul mate' in the world is –it should be used between two lovers and wife-husband. As a matter of fact it's not necessary always and I am sure most of you agree as your 'soul mate' may not be your life partner!!(Males-don't giggle-ditto for your wives!!)

As they too are two identities with their individualities-obviously there will be difference of opinion and formation of ideas on the life partner as the relation progress- due to the situations and their nature!

In few cases Wife and Husband are their soul mates to each other-if it is so-there is no problem and that home will be equal or near to heaven!

But there are few only living in those heavens!!

The reason of my calling that a person as a 'soul mate' is- as our Soul only knows what's happening in our mind and heart- once we develop a soul mate with whom we can share everything-it can be weirdest, silliest and negative thoughts too- without any inhibition.

First of all we will be at ease and it soothes our pains-when we share with our soul mate. We may not get solution immediately but surely it reduces the heaviness from our heart and mind. All of you agree that -when we share our happiness with others we feel happier-which all of us practically have been experiencing in our life. When we share the same with our soul mate we feel happier- and I am sure most of you agree.

In case of any problem, crisis -soul mate will be able to guide us-besides listening to the problem. And this relationship can continue forever-irrespective of the age- against all odds and unconditionally!

I guarantee you the life will be wonderful always and happy-despite the routine problems we come across in life-Be expressive!! The feeling of having someone as a soul mate always gives a soothing feeling and confidence to us. And this will certainly help us in our personal as well as official life in making us happier always!!

If you do not have a soul mate so far-search for that person-There are "World of people in this World". It all depends on your urge & search...

Those who have soul mates maintain and sustain your relationship and be happier in your life. Don't rock your" Home boats"

Life is always beautiful; it all depends on us.....



Chapter#49
Musings

"Power of the Seed".....

When a seed is planted into the earth-it will lose its identity but it doesn't vanish-it transforms into a different shape as a plant-grows as tree-makes many more seeds after flowering.

And we all know how a tree benefits the humanity at large!! And in this process-the tree has no trace of selfishness at all!!

When a small seed can do so much of a wonder in the Nature-as Human beings why can't we? Just think- don't be routine-think and do differently

Let's come out of our bit of selfishness and try to do something to surrounds and around us -thus move towards selflessness. The beauty is we don't lose anything by doing so-to our surprise it brings us happiness within.

Most of us-rather all of us look for happiness-few only know how to be happy and make happiness is a way of life. Everybody has their own routines in life-it's not that someone has leisure time to do good and better things to others too-same 24 hours!

It's a question of attitude each one of us sport -matters!

We need not dole out money for this-a small kind word, gesture, behavior makes a world of difference to others. We all know there are billions of people are deprived for the basic needs in this World. All of us are blessed and lucky enough for "whatever we are now".

The life we lead is a distant dream for many and impossible for billions-they dare to dream! Don't you think we should have gratitude towards God for blessing us? Please shower small amount of your Love, affection, goodness to others too- not only to your family members only!

After all we are not sharing our bank balance to others!

In my opinion God has given everything excess to most of us-if we sincerely look at our requirements. With little amount of money we can lead our lives very happily. We are acquiring comforts and luxuries with that extra money-and thinking that those are necessities!

Please come out of this attitude and start sharing something to deprived ones, do small help, shower your love& care to them. And feel the happiness you get while doing so-I guarantee you it will become a habit for you- then on. Even our children imbibe those habits and culture which will make their fundamentals strong as individuals. And surely it helps them to build their career and earnings too-without missing happiness-which most of us search for it!!

I am trying to sow this thought of this seed in all your minds. I am not writing something new-it reinforcement-like always do!

We can win everything with Love and conquer the World of Happiness!

Life is always beautiful; it all depends on us.....



"People are not Fair to Me".....

We often hear this complaint from many people amongst us. Is there any law in the world or is it in the Nature that everyone in the world has to be fair to us?

Even God has not given an assurance to us when He created and sends to this world that everybody in the universe whom we deal with are going to be fair with us.

In fact there is a purpose for Him for not doing so. If we think seriously-if every person in our life are fair to us-where is the opportunity for us to learn, improve and honing our skills?

How can we improve our knowledge capabilities?

The challenges we come across are to overcome all these shortcomings, obstacles and move up in our life.

As a matter of fact -when few in the world are not fair to us-we can be successful in our Life!! If everyone is fair to us-life will become bore and monotonous. Can we eat sweets day in and day out?-Will it not become sour and don't we hate them after sometime?

Don't expect everyone around you to be fair to you. Learn; imbibe the capabilities to handle the various situations to come up in Life.

Bring the best out of you-You are not born inferior!

Life is always beautiful; it all depends on us.....



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always beautiful;
it all depends on
us.....



We Have A Place on
Earth